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ALARMING RISE IN SUDDEN HEART ATTACKS AMONG INDIANS POST-COVID, DOCS WORRIED

Governments Mum!

▶ THE HASHTAG #HEARTATTACK HAS BEEN TRENDING ON TWITTER FOR THE PAST 2-3 DAYS, WITH SEVERAL EXAMPLES OF SUDDEN HEART ATTACKS IN THOSE WHO WERE OTHERWISE HEALTHY AND FIT.

▶ "A 23-YEAR-OLD GIRL (JOSNA COETHA) FAILED AND DIED SUDDENLY (HEART ATTACK) AT A WEDDING RECEPTION. TRAGEDY HAPPENED WHILE DANCING," TWEETED A USER, ALONG WITH POSTING A VIDEO.

▶ CYBER ATTACK WHICH HAS PUT ALL INDIA INSTITUTE OF MEDICAL SCIENCES (AIIMS), DELHI'S SERVERS OUT OF ORDER ON NOVEMBER 23 IS YET TO BE RESOLVED COMPLETELY.

▶ ANOTHER TWITTER USER POSTED A VIDEO: "A YOUNG MAN DIED DUE TO A HEART ATTACK WHILE WALKING."

▶ ACCORDING TO THE CARDIOLOGISTS, THE STEEP RISE IN PEOPLE DYING UNEXPECTEDLY OF HEART ATTACKS IS ALARMING.



possibly be responsible in some cases and people must stop unaccustomed heavy exercise regimes.

Last month, TV actor Siddhaanth Vir Surryavanshi, who acted in popular shows such as 'Kkusum' and 'Kasauti Zindagi Kay', died from a heart attack at age 46. He was working out in the gym when he suffered the attack.

Earlier this year, comedian Raju Srivastava also collapsed in the gym while on the treadmill and after several weeks in hospital, passed away.

In 2021, southern superstar Puneeth Rajkumar, also 46, died after he had a cardiac arrest while working out in the gym.

Indians are anyway at higher risk of heart attacks, that too at a younger age than the westerners because of the dietary habits, high incidence and prevalence of diabetes, hypertension, dyslipidemia, genetic factors, increasing prevalence of obesity and sedentary lifestyles and smoking etc.

Also, most of the cases of sudden

“Though we do not have sufficient data and evidence to prove whether this is a covid induced phenomenon, definitely this has increased post covid. Long term Covid sequelae could possibly be responsible in some cases. We advise a proper screening – especially of the high-risk population (diabetics, hypertensives, smokers, people with a strong family history of heart disease, people with high cholesterol, sedentary and obese people etc.) before they hit the gym, participate in a marathon, or do a sudden unaccustomed high intensity activity.”

Dr. Samir Kubba, Director-Cardiology, Max Super Speciality Hospital, Vaishali

“Covid or long Covid may cause persistent inflammation in heart vessels. This can rupture silent blockages and cause a heart attack, especially after an unaccustomed exercises like heavy weight lifting or walking on a treadmill or running in a cold weather and the risk increases when there are risk factors for heart disease like high BP, Diabetes, high cholesterol, Smoking or obesity.”

Dr Sanjeev Gera, Head, Cardiology, Fortis Hospital Noida

(infection of heart muscle), silent cardiomyopathy (weakness in heart muscle) and certain genetic disorders. The screening may include a good clinical examination, ECG and possibly an echocardiogram. Also the exercise regimen must not be unsupervised.

The risk of death from heart attack or failure after Covid-19 is very high within the first 30 days of infection, but remains heightened for some time afterwards, a new research has revealed. The large UK Biobank study, published in the journal Heart, linked Covid to a heightened risk of poor cardiovascular health and death, particularly among those whose infection is severe requiring hospital admission.

death are due to heart attacks but every sudden death is not due to a heart attack.

It can also be due to arrhythmia (abnormality in heart rhythm). The latter could be because of myocarditis

Team Absolute | New Delhi

As people took to social media about rising heart attacks in the young and seemingly fit people -- on the street, at the dance floor, in the wedding and at the gym -- leading cardiologists on Monday reiterated that long-term Covid could

Parliamentary panel report recommends 6-yr term for RBI Guv



Team Absolute | New Delhi

Finance is learnt to have suggested a six-year term for the central bank governor and increasing the number of deputy governors from four to eight.

According to highly placed sources, the Parliamentary panel which is headed by BJP MP Jayant Sinha has prepared a comprehensive report on RBI, suggesting sweeping reforms in it.

The report is likely to be presented during the forthcoming Winter session of Parliament, which is scheduled to begin from December 7.

Sources said it is awaiting approval from Lok Sabha Speaker Om Birla.

Once the report is approved by the Speaker's office, it may be submitted in the

lower house.

In a significant suggestion, the report is said to have recommended moving state-owned banks under RBI's purview.

Public sector banks are currently governed through the department of financial services. The report is learnt to have suggested a six-year term for the RBI Governor from the existing three years.

Also, once the Governor's tenure comes to an end, he or she won't be appointed to any other constitutional post after that, the report has recommended.

The panel has also been learnt to have suggested increasing the number of deputy governors from existing four to eight.

Positions below that of a deputy governor can be filled through lateral entry, the Parliamentary panel is said to have suggested in its report.

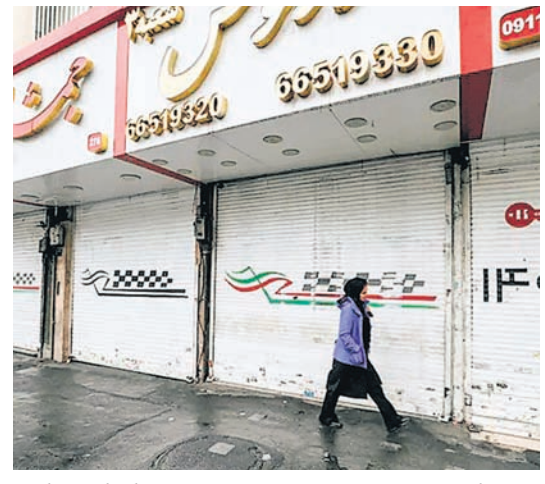
It is also learnt to have suggested creation of an independent debt management authority in line with international practices.

Shops across Iran shut amid protests demanding fall of rulers

DUBAI | Agencies

Iranian shops shut their doors in several cities on Monday, following calls for a three-day nationwide general strike from protesters seeking the fall of clerical rulers, with the head of the judiciary blaming "rioters" for threatening shopkeepers. Iran has been rocked by nationwide unrest following the death of Iranian Kurdish woman Mahsa Amini on Sept. 16 in police custody, posing one of the strongest challenges to the Islamic Republic since the 1979 revolution.

Amini was arrested by Iran's morality police for flouting the strict hijab



policy, which requires women to dress modestly and wear headscarfs.

The semi-official Tasnim news agency reported on Monday that

an amusement park at a Tehran shopping centre was closed by the judiciary because its operators were not wearing the hijab properly.

'SRIVALLI' IS TOP MUSIC VIDEO, 'SHORTS BREAK' TOP CREATOR IN INDIA ON YOUTUBE

Mumbai: Video-sharing platform YouTube on Monday revealed the best creators and videos of 2022 of the country, in which video song from Pushpa movie 'Srivalli' is the top music video whereas comedy video creator 'Shorts Break' is listed as the top creator.

The platform unveiled the lists of top trending videos, top music videos, top shorts, top 20 breakout creators, top breakout women creators and top creators.

Trending videos and creators indicate pop culture in the country. According to YouTube, for Gen-Z, the platform is a "microcosm of the world they inhabit."

Short-video creator Jaanvi Patel leads on the list of women breakout creators.

OVER 58% VOTER TURNOUT IN 2ND PHASE OF GUJ ASSEMBLY POLLS

Gandhinagar | Agencies

Over 58 per cent voter turnout was recorded till 5 p.m. on Monday in the polling for the second phase of the Gujarat assembly elections, officials said.

Citing the Election Commission data, officials said 58.60 per cent turnout was witnessed across the state in the election held for 93 Assembly seats in 14 districts of Gujarat.

Since there were long queues at 5 p.m. in many booths, the final voting percentage is likely to be around 70, officials estimated.

The highest voting turnout was from Sabarkantha district -- 65.84 per cent while the lowest -- 53.57 per cent, was reported from Ahmedabad.



In Panchmahal district, an assault took place on Congress candidate Prabhatsinh Chauhan in Godali village. His car was attacked by a group of people. Also, a minor scuffle took place between the Congress and the BJP workers in Ankav constituency.

The results would be announced on December 5.

SP accuses administration of 'working for' BJP in UP

Lucknow: The Samajwadi Party has accused the BJP of sabotaging by-elections in the Rampur and Khatauli Assembly and Mainpuri parliamentary seat in Uttar Pradesh even as voting was underway on these seats.

The party alleged that in a polling booth in the Balpura village in Karhal, the BJP agents were preventing the Muslim voters from exercising their rights.

As the voting continued, the Samajwadi Party in a tweet alleged mismanagement and partiality by the police deployed on poll duty for the Khatauli bypoll and also sought suspension of officer Rakesh Kumar Singh for working as a 'BJP agent' and 'stopping the Muslim voters from casting their vote'.

In a voting booth in Karhal the central security forces were harassing the public in the name of ID checks to reduce the polling percentage, the SP alleged.

ASSAM: 14 COLLEGE STUDENTS RUSTICATED FROM HOSTEL FOR RAGGING

Silchar: Another case of ragging surfaced at a dental college in Assam's Silchar town where at least 14 students have been rusticated from the hostel by the authority, officials said on Monday.

A few students in 1st year at the dental college lodged a complaint a few days ago against some seniors. They alleged that senior students were causing mental and physical harassment. As a result, their academic performance at the college has been hampered as they could not concentrate on their studies.

The principal of the dental college, Manjula Das said that the issue was brought to the notice of the anti-ragging committee of the institution.

The committee along with officers from district administration separately inquired into this matter and found the accused students guilty.

Following that, the college authority has taken disciplinary action and the accused students were debarred from staying at the hostel.

However, they were allowed to continue their course.

INDIA IS IN DENIAL OF GENOCIDE OF KASHMIRI PANDITS: REPORT

The state of India is in complete denial of the genocide of Kashmiri Pandits in Jammu and Kashmir, and the Kashmiri Pandit community continues to be sacrificial lambs on the altar of 'Kashmiriyat' and 'secularism'. This has been stated in the conclusion of a fact-finding report 'Unabated Genocide of Kashmiri Pandits'. "The report is based on the life of Hindu minority in Kashmir post-abrogation of Article 370 and after targeted killings since the start of 2020."

Team Absolute | New Delhi

▶ THE BRIEF OF THE COMMITTEE WAS TO VISIT THE CAMPS OF PM PACKAGE EMPLOYEES IN THE VALLEY, EMPLOYEES SERVING AND FAMILIES LIVING IN THE VALLEY AND PM PACKAGE EMPLOYEES PROTESTING IN JAMMU.

▶ THE REPORT IN ITS CONCLUSION SAID THAT INTERNALLY DISPLACED HINDUS OF KASHMIR ARE CAUGHT UP BETWEEN THE FORCES THAT CONTINUE TO PERPETRATE GENOCIDE ON THEM AND THE FORCES OF DENIAL OF THE GENOCIDE.

▶ THE REPORT SAID THAT MAKING HINDUS OF KASHMIR TO VOTE IN EXILE THROUGH POSTAL BALLOT IS ONE MORE UGLY AND RUTHLESS EXPRESSION OF DENIAL OF GENOCIDE PERPETRATED ON HINDUS OF KASHMIR LIVING IN EXILE.

A three-member fact-finding delegation comprising Rahul Kaul, Amit Raina and Vithal Chodwdhary was nominated by frontline Kashmiri Pandit organisations like Panun Kashmir, Roots in Kashmir and Youth 4 Panun Kashmir.

It also said that the PM Package, which is primarily an economic and survival package, has been deliberately tweaked to make it look like a rehabilitation package. This package with its draconian and almost bonded labour conditions, is an exploitation of the vulnerabilities of a community facing genocide.

"Political parties, including the leaders responsible for



'Ghazwa-e-Hind' being enacted in the Valley continue to enjoy patronage of the state. The prime example being the facilities and security being provided to political leaders like Mehbooba Mufti, Farooq Abdullah, Omar Abdullah, Sajad Lone, Altaf Bukhari, among many others," it said.

It also said that almost zero conviction and the reluctance of the judiciary and executive to punish the perpetrators of these horrendous crimes further emboldens the jihadi elements in the Valley.

"The policies on the return

and rehabilitation of internally displaced Hindus of Kashmir pursued by successive governments in the erstwhile state of Jammu and Kashmir as well as in the Centre have been the most brazen expressions of denial of genocide. These policies have actually been attempts to enter into a deal with the Muslim separatist fundamentalist class in Kashmir responsible for genocide of Hindus in Kashmir. Such policies seek to hand over the victims of genocide to a Muslim fundamentalist order that allowed genocide to happen," said conclusion of the report.

The denial of genocide of Hindus in Kashmir has not only been destructive to Hindus of Kashmir but has also led to spillover of jihad into rest of India. Expansion of Islamist ideologies is taking place along the length and breadth of India. Demographic assaults are happening in numerous places across India, the report added.

The report has recommended that PM package employees may be relocated outside the Valley or deployed/attached to the Relief Commissioners' Office, Jammu, in order to avoid further genocidal/target killings of Hindus in the Valley. It also recommended that a Genocide Bill should be enacted immediately. "The Prevention of Kashmiri Genocide and Atrocities Bill as proposed and submitted by Panun Kashmir to the Government of India may be taken as reference while enacting the Genocide Bill," it recommended.





THE AIM OF EDUCATION IS TO REVEAL THE NATURAL TALENTS OF THE STUDENTS: CM CHOUHAN

Chief Minister Shivraj Singh Chouhan has said that the aim of education and religion of teachers is to reveal the natural talent of the students. The "Anugoonj" program organized by School Education serves this purpose very well.

Team Absolute | Bhopal

I am overwhelmed to see the children's works of art in the exhibition here. The clay toys, paintings, photographs and other works made by them are amazing. These children will become the best photographer, artist, scientist, musician etc.

CM Chouhan attended the closing ceremony of "Anugoonj" organized by the School Education Department at Government Subhash Excellent School on Monday. He enjoyed and appreciated the presentations of the students and also blessed the children.

CM said that new education system has been implemented in the state. We will create a new history in the field of education. Earlier Madhya Pradesh was at 17th position in the country in the field of education, now it has come at 5th position. Children of government schools in Madhya



Pradesh are performing excellently in every field. The day will come in Madhya Pradesh when people will take children out of private schools and

send them to government schools.

CM said that soon 50 thousand teachers will be recruited in the Education Department and Scheduled Tribe Welfare Department. They will be given respectable remuneration and other facilities. In the next 3 years CM Rise School will beat other schools.

CM said that apart from providing laptops to the students who have scored more than 75 per cent marks in class 12th in the state, the government is also paying the fees for higher education of such students on admission to various professional courses.

CM told the parents that they should not only ask their children to study, but also motivate them in the field of sports and arts according to their interest. He concluded by raising slogans along with the children - We will play, we will touch the sky. We will study and we will touch the sky.

Surprise inspection of newly constructed access road and bridge at Chhipaner done by CM

Team Absolute | Bhopal

Chief Minister Shivraj Singh Chouhan reached Chhipaner in Sehore district on Monday and conducted a surprise inspection of the newly constructed access road and bridge. CM obtained information about the construction work from Executive Engineer Public Works Subhash Patil. He instructed that the construction of the access road should positively be completed by the end of December. Strict action will be taken if the work is not completed on time. CM said that the access road and bridge will be dedicated on January 5. He also listened to the problems of the villagers present on the spot and directed the officials to resolve them.

CM Chouhan said that this bridge connecting Sehore and Harda is my ambitious project. A three kilometer long approach road is being constructed from Chhoti



Chhipaner to Narmada river bridge at a cost of Rs. 6 crore 41 lakh. Its construction will be completed by the end of December. With the construction of this road, the distance from Harda to Bhopal will be reduced by about 35 kilometers, which will provide a lot of convenience to the residents of Harda district. A long bridge of 840 meter has been constructed on the border of Harda and Sehore districts at a cost of Rs. 38 crore 66 lakh. With the

construction of this access road, the use of this bridge will also start. Chouhan discussed with Collector Rishi Garg and inquired about disposal of applications received under the Mukhya Mantri Jan Seva Abhiyan. He also inquired about other roadways in Harda district. He instructed to give top priority to solving people's problems. Bhopal Divisional Commissioner Mal Singh and other officers were present.

Stray dogs seen on hospital bed, probe ordered

Team Absolute | Bhopal

A couple of stray dogs were seen occupying hospital beds in a Madhya Pradesh government hospital, showed a video shot by a local who was visiting the facility with his pregnant wife, calling into question the state of health infrastructure in the state.

The incident, which took place in Jabalpur inside a government hospital located in Shahpura, was filmed by local resident Sidharth Jain. Swinging into action, the district health department has ordered a probe.

In the video clip, which has since been widely shared on social media, strays can be seen atop hospital beds.

"We have issued notice to the BMO Dr C K Atraulia. The matter is serious; strict action will be taken against hospital staff on duty and people responsible for the negligence," said Jabalpur chief medical officer Dr Sanjay Mishra.

In September, a video of a dog sleeping on a hospital bed in Ratlam in Madhya Pradesh went viral on social media, inviting criticism from the opposition Congress.



2 WOMEN GUARDS DANCE AT MAHAKALESHWAR TEMPLE, SACKED

Team Absolute | Gwalior

Ujjain: Two women security personnel at Mahakaleshwar Temple in Madhya Pradesh's Ujjain were removed from service after they posted a video clip of themselves dancing to a film song on the premises of the famous shrine, an official said on Monday.

The security personnel have been directed to use only keypad mobile phones and not smartphones during duty hours at the temple, the official from the shrine said. The services of two women security personnel, who were employed by a private agency, were terminated on Sunday after their video surfaced on social media, the temple's administrator Sandip Soni said. As many as 390 personnel are engaged in the security of the temple and they work in three shifts, he said. At least 75 security personnel, including women, work in a shift, he said. The two women personnel had posted a video on Instagram, in which they were dancing to a Bollywood song playing in the background.



Man shot dead outside house in Gwalior, motive unknown

Team Absolute | Gwalior

A man was shot dead by unknown persons outside his residence on Sunday late evening. According to the information received from the deceased's cousin Sattar Usmani, Azim was talking to four to five unknown people outside his house in Teli ki Bajaria before being shot by one of them. Azim was a driver by profession.

Later, the family members took Azim to the hospital where the doctors declared him dead.

Chief Superintendent of police Vijay Bhadoria reached the spot after being reported about



the incident. The police have registered a case against the unknown assailants and have begun an investigation. The reason for the murder is said to be unknown yet, CSP Bhadoria

said. He also said that the police are scanning the CCTV installed around the spot to get any clue about the killers. The body is sent for post-mortem.

CAR OCCUPANT CHARRED TO DEATH AFTER VEHICLE'S COLLISION WITH TRUCK

Rewa: A car occupant was charred to death when the vehicle caught fire after colliding with a truck in Rewa district on Monday, police said. The accident took place at around 1.30 am on a bypass road, located eight kilometres from the district headquarters, under Chhorhata police station limits, an official said.

Both the vehicles caught fire after the accident, Additional Superintendent of Police Anil Sonkar said.

A charred body was found in the car and a forensic examination will reveal how many persons were travelling in the vehicle, he said. The fire probably started due to oil in the transformers which the truck was carrying, the official said. Efforts were on to identify the deceased, he said. The truck driver fled from the spot after the incident, he added.

3 miscreants held for attempting loot with elderly woman in Shajapur

Team Absolute | Shajapur

Three miscreants were arrested for allegedly attempting loot with an elderly woman in Aditya Nagar locality of Shajapur district, the police said on Monday.

The accused attempted the loot in the evening on December 1 and the incident was captured in the CCTV cameras installed at the spot.

Shajapur Superintendent of Police (SP) Jagdish Davar said, "The complainant Sheela Bai (52) lives with her mother, Shanta Bai in Aditya Nagar. During the evening, three accused entered her house and they tried to snatch chain. The woman bravely faced the



accused as a result they failed in their attempt and escaped from the spot." Acting on the complaint, the police registered a case and started investigation into the matter. The police checked the CCTV footage and

interrogated the suspicious persons on which they confessed the crime. The police arrested them and confiscated the weapons used in the crime, SP Davar added. Further proceedings are underway.

SARPANCHS CHEATED OF RS 20K EACH ON PRETEXT OF 'NAL-JAL SCHEME' IN SHAJAPUR

Shajapur: Cyber fraudsters duped two village sarpanchs of Rs 20,000 each by luring them with monetary benefits under the Central government-run Nal-Jal scheme. Public health engineering department has asked the sarpanch and other village officials to be aware of such cyber crooks. Executive Engineer Vijay Singh Chauhan said that two village Sarpanch of the district have been duped of Rs 20,000 each on the pretext of providing monetary benefits under the scheme. Unknown person had contacted sarpanchs over the phone and asked them to share account details. The two sarpanch lured with monetary offers, shared the bank details and also the OTP. However, soon they found that Rs 20,000 were deducted from their account. Sarpanch have been cautioned against sharing their bank account and other details with unknown persons. They have been asked to verify the credentials of the caller before transacting money for any governmental scheme. The online fraudsters have been contacting people over phone assuring monetary benefits under government schemes Nal Jal Scheme. The crooks ask for bank account number and OTP by giving an impression they would be transferred the amount under the scheme.

Warm welcome accorded to the Kashi-Tamil Sangamam train on its arrival in Itarsi

Team Absolute | Itarsi

Warm welcome accorded to the Kashi-Tamil Sangamam train on its arrival in Itarsi on Monday. On the arrival of train number 22536 Banaras-Rameswaram (Kashi-Tamil Sangamam) at Itarsi station on Monday at 08.40 a.m., on behalf of the railway administration, station manager Devendra, the distinguished citizen of Itarsi city reflecting north-south Indian culture, RPF staff including supervisor personnel welcomed the delegates coming with flower garlands. Overwhelmed by the welcome, all the delegates looked happy. Kashi-Tamil Sangamam 2022 is an initiative of the



Government of India as part of the "Amrit Mahotsav of Independence". It is a celebration of the spirit of 'Ek Bharat Shreshtha Bharat' and

Indian culture is being celebrated along with the Tamil language. A sight of which was also seen at Itarsi station today.

12 MORE CHEETAHS FROM SOUTH AFRICA TO ARRIVE AT KUNO NATIONAL PARK



Sheopor: South African Minister of Environment, Forestry and Fisheries, Barbara Creecy has approved the Memorandum of Understanding (MOU) to bring 12 cheetahs from South Africa to Kuno National park under Cheetah Project. Previously, eight cheetahs were brought to Kuno National Park from Namibia. Now, for welcoming the 12 cheetahs in Kuno National Park that were quarantine from last three months in South Africa, preparation is going on. In July 2022, India appealed South Africa to send 12 cheetahs to Kuno National Park for Cheetah Project. At the same time when eight cheetahs were brought from Namibia, 12 cheetahs were also selected but due to lack of approval in MOU, cheetahs were remaining quarantine.

According to DFO Prakash Sharma of Kuno National Park within two or three days the President of South Africa will give the allowance to Cheetah Project. Prakash said, "we all are set for welcoming the 12 cheetahs", eight new enclosures are nearly constructed".

Foundation Course for the newly batch inaugurated at AIIMS Bhopal by CMET

Team Absolute | Bhopal

The Academic session for the newly admitted batches of MBBS & B.Sc. (Nursing) students has started at AIIMS, Bhopal. The 4-week Foundation Course for this 2022 Batch of Undergraduate (UG) students was inaugurated by Prof. (Dr.) Ajai Singh, Executive Director of AIIMS Bhopal on 5th December 2022, in presence of Professor Rajesh Malik (Dean, Academics), Professor Debasish Biswas (Dean, Research), Professor Balakrishnan S., (Dean, Student Welfare), Dr. Ashwani Tandon (Associate Dean, Academics), Dr.T.Karuna (Associate Dean, Exams), Heads of various Departments, and Faculty Members. Delivering the inaugural address on the occasion



Prof. (Dr.) Ajai Singh emphasized that the students must maintain respectful behaviors towards all co-workers and members of society irrespective of their class or creed, and without any discrimination. He also emphasized the importance of maintaining discipline, integrity and honesty in professional and personal life. In his address, he encouraged and inspired the students to dream big and work hard to achieve their dreams. He urged the stu-

dents to make the best of their training at the institute, and assured them that they will receive the best of education and support from the teachers at AIIMS, Bhopal. Professor Rajesh Malik, Dean Academics gave an overview of the MBBS and B.Sc. (Nursing) courses and details of the Academic Calendar for the 2022 batch of students. Professor Debasish Biswas, Dean Research talked to the students about the various research opportunities and

guidance available for the UG students at AIIMS Bhopal. Professor Balakrishnan, Dean Student Welfare spoke about the zero-tolerance Anti-ragging policy at the institute, and the Anti-ragging support measures in place. He also talked about the various facilities for the students on campus, hostels, and the student counseling services. Dr. T. Karuna, Associate Dean, Exams discussed the details of the Assessment plan of the UG courses.

This 4-week Foundation Course has been organized by the Centre for Medical Education Technology (CMET) at AIIMS, Bhopal under the leadership of Professor Rehman Ul Haq, Chairman, CMET, and coordinated by Dr. Jyoti Nath Modi, Member Secretary, CMET along with the Faculty members of CMET.

CM Chouhan to launch Panchkarma Super Speciality Centre and Auditorium today

Team Absolute | Bhopal

CM Shivraj Singh Chouhan will dedicate the Panchkarma Super Speciality and Wellness Centre Today, December 6 at 10 am in the premises of Pt. Khushi Lal Sharma Government Ayurveda Institute. CM will also dedicate the Silver Jubilee Auditorium building of Ayurveda Institute on this occasion. CM Chouhan will also lay the foundation stone of the academic building of the institute and office building of the Madhya Pradesh Ayurvedic and Unani System of Medicine and Naturopathy Board in the program. Silver Jubilee Auditorium is located at Pt. Khushilal Sharma Government Institute of Ayurveda Science Hills, Behind MANIT, Kolar Nehru Nagar Road. Minister of State for AYUSH Kawre inspected the Silver Jubilee Auditorium building on Monday. The



auditorium has a seating capacity of 500 persons. Besides, modern equipments of electricity and sound have been used. Shri Kawre inspected the newly constructed 50 bedded Panchkarma Super Speciality and Wellness Centre built in collaboration with the Central Government's National AYUSH Mission. This centre has been completed at a cost of 9 crores. This centre has the facility of personalized medicine, Ayurveda diet, yoga and meditation, physiotherapy and rehabilitation along with Panchkarma. Along with this, the centre will also have the facility of Ayurveda's special pulse test, natural test, modern lab test, sonography and CT scan.



EDITOR'S SPECS

Ayodhya litigants: Foes in the courtroom, friends outside it

They were sworn enemies in court and friends outside it. Even as Ayodhya makes a conscious effort to forget the Babri battle, it continues to celebrate the friendship between the two litigants in the Babri case - Hashim Ansari and Mahant Ramchandra Paramhans. The two bitterly fought the case in court, but the moment they stepped out they were thick friends. Mahant Ramchandra Paramhans, the chief trustee of the Ram Janambhoomi Nyas, died in 2003 while Hashim Ansari, the oldest litigant in the case, died in 2016. "They would travel together in a rickshaw to the court. Their counsels would bitterly contest the case and after the hearing, they would both return together in one rickshaw. Everyone used to be astounded by this unique relationship. They lived as friends and Hashim Ansari wept bitterly when Mahant Paramhans died in 2003," says Mahant Dharam Das who has succeeded him in the Nyas. Hashim Ansari was among those arrested in 1949 when the idols allegedly emerged in the mosque. He was the main plaintiff when the Sunni Waqf Board filed the Ayodhya title suit in 1961. He repaired cycles for a living. Paramhans, one of the pioneers of the Ayodhya movement, had filed a petition in Faizabad court in March 1950 seeking the right to protect the idol. Senior citizens in Ayodhya say that their friendship lasted over six decades. There was never any bitterness between the two even when there were riots on communal lines in the country on the Ayodhya issue. Both used to criticise the violence and continue to chat with each other. Hashim Ansari was provided security after the Babri demolition when he was attacked by Hindus but he did not like the fact that four policemen sat outside his tiny house all the time.

India to stamp its legacy at G20

Asad Mirza

Occupying the Presidency of the G20 and UNSC offers India a unique chance to leave its legacy and make the voice of the Global South and developing world heard at these two august fora.

By assuming the Presidency of the G20 and UNSC, for one year and one month respectively, for next one-year India gets a unique opportunity for the country to contribute to the global agenda on pressing issues of international importance.

G20 is the premier forum for international economic cooperation representing around 85 per cent of the global GDP, over 75 of the worldwide trade, and about two-thirds of the world population. During the G20 Presidency, to show its resolve to focus on those issues which are dear to it, India will hold about 200 meetings in 32 different sectors in multiple locations across India. The G20 Summit to be held next year would be one of the highest-profile international gatherings to be hosted by India.

External Affairs Minister S. Jaishankar defining its agenda for G20 and UNSC has said that New Delhi would like to use the presidency of the group to reflect interests and concerns today of the global south.

As India formally assumed the G20 presidency Prime Minister Modi said he will work to further global good through an inclusive, action-oriented and decisive agenda. In a write-up Modi said India could catalyse a fundamental mindset shift to benefit humanity as a whole? "I believe we can", he wrote.

The Prime Minister stressed that India's G20 presidency theme -- 'One Earth, One Family, One Future' -- is not just a slogan as it takes into account "recent changes in human circumstances", adding that India's G20 presidency will work to promote a universal sense of one-ness.

India looks forward to working on encouraging sustainable lifestyles, depoliticising the global supply of food, fertilisers and medical products among other subjects, the prime minister said.

For imbuing hope in our future generations, India will encourage an honest conversation among the most powerful countries on mitigating risks posed by weapons of mass destruction and enhancing global security, in addition to climate change, terrorism, and pandemics, which could be solved not by fighting each other, but only by acting together he wrote.



India's forward plan

Indeed, the issues outlined by the prime minister and the EAM sound impressive, yet the real challenge will be on how to transform these into real achievements over the next one-year. How India could contribute to changing the global stand on various pressing issues, including: controlling inflation, affirmative action on climate change and pandemic threats, besides producing an inclusive governance model.

There is hope that India can make meaningful contributions to the global economy and can help improve the current unstable geopolitical state of affairs during its reign as G-20 president.

The world is staring at a recession following the Covid induced economic downturn and supply chain issues which have been further exacerbated by the Russia-Ukraine war, fuelling runaway inflation. Global growth has hit a major roadblock. While the world grew at 6 per cent in 2021, the growth rate is projected to drop to 3.2 per cent in 2022 and will further slip to 2.7 per cent in 2023.

The global inflation rate, which stood at 4.7 per cent in 2021, is expected to rise to 8.8 per cent by the end of 2022. India, however, is expected to grow by 6.8 per cent in the current fiscal year and by 6.4 per cent in the following year. India is a model for others in achieving

similar economic growth and stability.

The G20 declaration, which predominantly echoed Indian ideas, vowed to push for global macro-economic stability by giving nations, particularly disadvantaged ones, a platform to improve their financial resilience.

Indian economists have a better understanding of middle-income and low-income countries. India, with its unique perspective, can help the G20 achieve its goal of enhancing the financial resilience of these nations.

India's economic model, which has advocated for open, liberal markets that provide opportunities to even the most vulnerable, has garnered praise from countries and organisations throughout the world.

Diplomatic tightrope

Over the last one year particularly India, has been able to maintain cordial relations with two US administrations, in addition to Russia and Iran, and despite mounting global pressure, has been able to maintain positive diplomatic ties with all countries and factions.

This is also a historic time for the G20, which will now be led by a nation that has always placed "dialogue and diplomacy" at the centre of its approach to international relations. India's diplomatic and economic policies have helped the country achieve significant

growth at a time when other economies have failed or are struggling. The Indian presidency has received support from various quarters, the latest being from the US and France. The American and French Presidents in their tweets have declared their support to India's chair at these two fora. Thus, India seems to have the full support of the global powers also, for initiating new thinking on tackling the global issues besides also an opportunity to become the voice of the Global South and help the UN to achieve more on its SDGs. Thus, at the moment the plate seems full for India and we really hope that India will be able to leave its mark both diplomatically and politically on the G20 by acting in a pragmatic manner to solve the issue facing the global world. It would be prudent for the Indian leadership to pursue those issues which will have a bearing on the future of the world, like climate change related activities, pursuing net zero, to find ways to establish a modified economic system which considers poor countries much more benignly and also empower the world organisations like the UN and make sure that it leaves a new apparatus through which voices of the poor could be heard and action taken on them, much more effectively.

international

At 6, Indian-origin boy is youngest S'porean to trek to Everest Base Camp

Singapore | Agencies

A six-year-old Indian-origin boy has become the youngest Singaporean to have trekked to the Everest Base Camp in Nepal at an altitude of 5,364 metres.

Om Madan Garg trekked for 10 days in October along with his parents, covering an altitude gain of around 2,500m from the village of Lukla at 2,860m to the base at 5,364m, according to the Singapore Book of Records.

Om, a Kindergarten 2 student from Canossville Preschool, "managed well despite bad weather, flight cancellations, lack of creature comforts, hot days and the cold nights".

The Garg family arrived at Lukla, which is the starting point and also the gateway to



the base camp trek on September 28, and reached the base on October 7. They were accompanied by a qualified guide and two porters.

From Lukla, they trekked to Phakding and continued ahead to reach Namche Bazaar -- the trade centre in the Everest region. From Namche Bazaar, the trail goes

to Tengboche, and then finally the Everest Base Camp at 5,364m.

"I threw my hat in the sky and caught it and we climbed on the top of Mount Everest Base Camp rock and we took a photo. We flew the Singapore flag," he told Channel News Asia in an interview. The pre-school student was awarded a certificate from the Singapore Book of Records.

His entire sojourn has been documented in a seven-part series on the family's YouTube channel, The Brave Tourist. Three-year-old Heyansh Kumar from India is the youngest person to reach the Mount Everest base camp. Kumar was three years and seven months and 27 days-old when he achieved the milestone.

INDONESIA PLANS TO BUILD NUCLEAR POWER PLANT, SEEKS INVESTORS

Jakarta: Indonesia aims to develop a nuclear power plant in 2039 to achieve net zero emissions and support domestic needs for energy, the country's Nuclear Energy Regulatory Agency (BAPETEN) said on Sunday.



The agency's Director for Nuclear Installation and Material Control, Haendra Subekti, said in a statement that to realise the target, Indonesia is currently looking for investors to help finance the plant's construction, Xinhua news agency reported.

"We have drafted the regulations on the nuclear infrastructure safety, preparing the location for the plant and formulating the trial operation. All of these have been nearly completed," Subekti said, adding that the location of the nuclear power plant will not be in earthquake-prone areas.

"For now, there have been a few private companies that are willing to invest, but we're expecting more investors to come," he said.

Indonesia's plan to establish a nuclear power plant has been stipulated under a government regulation on the operation of risky businesses. The plant aims to provide new and renewable energy for the Southeast Asian country so that it can reach its zero emissions target.

ITALY HOME TO HIGHEST NUMBER OF UNOFFICIAL CHINESE 'POLICE STATIONS': REPORT



Rome: Italy hosts the highest number of unofficial Chinese "police stations" out of a network of more than 100 around the world, a report by a Spanish civil rights group has claimed.

Milan was allegedly used by two local Chinese public security authorities as a European testing ground for a policing strategy to monitor the Chinese population abroad and force dissidents to return home, the Guardian quoted the report by the Madrid-based Safeguard Defenders as saying.

Safeguard Defenders reported in September that 54 such stations allegedly existed around the world, prompting police investigations in at least 12 countries including Canada, Germany and the Netherlands.

In a report published on Monday, the civil rights group said it had identified 48 additional stations, 11 of which are in Italy.

Other newly identified stations were in Croatia, Serbia and Romania, it said.

The Italian stations are in Rome, Milan, Bolzano, Venice, Florence, Prato -- a town near Florence that hosts the largest Chinese community in Italy -- and Sicily, reports the Guardian.

China has said the offices are merely "service stations" set up to assist Chinese citizens with bureaucratic procedures such as renewing a passport or driving licence.

The investigation carried out by Safeguard Defenders was based on publicly available Chinese statements and data, and was limited to stations established by local Chinese public security authorities in countries where there is a large Chinese community.

Safeguard Defenders claimed that while the stations were not directly run by Beijing, "some statements and policies are starting to show a clearer guidance from the central government in encouraging their establishment and policies".

The civil rights group alleges that the unofficial police stations are used by China to "harass, threaten, intimidate and force targets to return to China for persecution".

The group says it has evidence of intimidation, as opposed to the official channel of extradition, being used to force people home from Italy, including against a factory worker accused of misappropriation who returned to China after 13 years in Italy and disappeared without a trace, the Guardian reported.

Putin better informed now about Ukraine war, says US

Kiev | Agencies

The head of US intelligence has said Russian President Vladimir Putin has "become better informed" about the difficulties facing his invading forces in Ukraine, as the Kremlin suggested the Russian president could visit the occupied Donbas region at a future unspecified date. Speaking at a defence forum, Avril Haines, the US Director of National Intelligence, indicated Putin was no longer as insulated from bad news about the conditions facing his invasion of Ukraine as he was earlier in the campaign, The Guardian reported.

Alluding to past assessments that Putin's advisers could be shielding him from bad news, Haines said he was "becoming more informed of the challenges that the mili-

itary faces". "But it's still not clear to us that he has a full picture of at this stage of just how challenged they are," she said, addressing an audience at the Reagan National Defense Forum in California.

Haines's comments reflect a wider internalisation of Russian military failures in Ukraine that has increasingly been reflected in remarks made by key regime propagandists, in public opinion polling and in analysis by the Russian military blogger community. The scale of the challenges facing the Russian president have also been underlined by a series of battlefield setbacks in recent months that have led to the Russians retreating from the Kharkiv region, from Kherson oblast -- including the key city of the same name -- and from parts of the Russian-occupied Donbas region.

Indian-origin science teacher wins PM's prize in Australia

Melbourne | Agencies

An Indian-origin teacher in Australia has received the 2022 Prime Minister's Prize for Excellence in Science Teaching in secondary schools.

Melbourne-based Veena Nair, who is ViewBank College's Head of Technology and STEAM project leader, has been awarded for demonstrating practical application of STEAM to students, and how they can use their skills to make a real impact in the world.

"To be recognised in the Prime Minister's prizes for science, I am deeply humbled. I am very grateful to my school, to my colleagues, to my students, and to my family," Nair said in a video message.

As a leading educator in STEAM, Nair has more than 20 years of experience in teaching science-based subjects across India, the United Arab Emirates, and now Australia.

Through her work, she has increased the number of students who receive first round offers to study engineering and technology subjects at university,



especially young women and students from diverse backgrounds.

Nair began her teaching career in Mumbai, where she provided computers to low socio-economic schools and taught students how to code.

Nair's students participate in the Swinburne Youth Space Innovation Challenge -- a 10-week program that

sees secondary students competing to create the best experiment to launch into space.

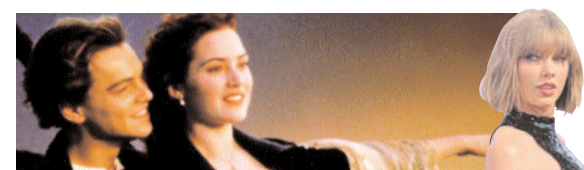
The winning project is then sent to the International Space Station. She also supports the Young Persons' Plan for the Planet program, a STEM-based enterprise development program that gives students the opportunity to engage with the UN's Sustainable Development Goals as changemakers at a global level.

Via this program, she has led a team of Australian teachers to conduct STEAM workshops for teachers in low socio-economic schools in Mumbai.

Nair is a BSc in Physics and a BEd in Science and Mathematics from the University of Mumbai and an MEd (maths education) from Deakin University.

She won the Educator of the Year Award by the Design and Technology Teachers' Association of Australia in 2018.

The annual awards celebrate the contributions of 12 of the country's leading scientists, innovators and science teachers.



I GET INSPIRED BY ARTISTS THAT HAVE SELF-DOUBT:

DUA LIPA

Los Angeles | Agencies

Singer Dua Lipa, who found fame after posting songs on YouTube, said she finds artists who have been stricken with self-doubt inspiring. The pop star said: "A lot of the time I get so inspired by artists that have quite a lot of self-doubt or darkness. I'm like, 'Oh my God, do I have to feel this much pain to be good at what I do?' That is sometimes what I think, sometimes imposter syndrome can get the better of me. Especially when I'm writing."

Lipa added that she also fears her acting won't be up to scratch when she is under pressure to portray emotional states on camera, reports.

Lipa said: "It was really exciting. But for me it is baby steps. That's the best way to discover yourself as well, rather than throwing yourself in the deep end with something you can't completely tackle head on. My biggest fear would be taking on a really big role and to be like, 'Now I have to be an actor and feel all these emotions on camera'. Where I haven't brought myself up to that point yet."

She added about trying to enjoy her work, "While you are creating it, have fun with it. It only gets scary when it is time for release and you're like, 'Oh f. are people going to love it?' That's how I feel about my music. While I'm making it it's all great and I am in my own world, making something I am proud of. You want to do something that you haven't done before and you want to challenge yourself, explore this different range. I can shut out social media. I'm doing it for me, I'm making something I love."



Kanye West calls Elon Musk 'half Chinese'

Los Angeles | Agencies



Rapper Kanye West has resurfaced on social media after he was suspended from Twitter for "inciting violence" following more antisemitic messages. The rapper and presidential hopeful posted a new message on Instagram where he alleged that Elon Musk was a clone and also mentioned former president Barack Obama, as per the reports. "Am I the only one who thinks Elon could be half-Chinese? Have you ever seen his pics as a child? Take a Chinese genius and mate them with a South African super model and we have an Elon," he wrote.

"I say an Elon because they probably made 10 to 30 Elon's and he's the first genetic hybrid that stuck... Well, let's not forget about Obama."

West continued, "I'm sorry for using curse words in church but I don't have another word for Obama yet." In the caption of the post, Kanye added, "On Jay Z's birthday Future president of the United States Ye uses Mark Zuckerberg's platform to incite a mass investigation of Elon Musk's childhood photos in the midst of Balenciagagate I call this The Theory of everything Problem solved Praise God." Ye got into trouble again after an appearance on InfoWars with conspiracy theorist Alex Jones where he went on to praise Hitler and continued his antisemitic remarks on Twitter. "I tried my best," Musk tweeted. "Despite that, he again violated our rule against incitement to violence. Account will be suspended."

Following West's post going viral, Musk had a reaction on Twitter where he said, "I take that as a compliment!"

I WAS ASHAMED OF BEING A GIRL: SHANIA TWAIN

Los Angeles | Agencies

Singer Shania Twain warned "you didn't want to be a girl in my house" as she opened up about her difficult childhood, growing up poor in Ontario with four siblings living with her mum Sharon and stepdad Jerry Twain, who legally adopted the children. Shania told the about her tactics to dodge his abuse: "I hid myself and I would flatten my b**bs. I would wear bras that were too small for me, and I'd wear two, play it down until there was nothing girl about me. Makes it easier to go unnoticed," reports. "Because, oh my gosh, it was terrible... You didn't want to be a girl in my house."

Twain added about her subsequent struggle on leaving the house: "But then you go into society and you're a girl and you're getting the normal other unpleasant stuff too, and that reinforces it. "So then you think, 'Oh, I guess it's just s**** to be a girl. Oh, it's so s**** to have boobs'. I was ashamed of being a girl." The singer said she started to be abused at home when she was around 10, telling The Guardian in 2018: "I feel the sexual abuse goes hand in hand with the physical and psychological abuse when it's somebody you know. I learned to block it out. 'Abusers need to manipulate you, whether it's before or after, and what I said to myself is: 'OK, there's something wrong with this person and that person is not well.'"

Twain did not know her biological father and her stepfather Jerry and mum Sharon were killed in a car crash in 1987.



Kate Winslet shares how her agent was being asked about her weight

Los Angeles | Agencies

Actress Kate Winslet is opening up about being in the limelight and the pressure she had to look a certain way. With Winslet's daughter gaining notoriety for her acting work, the "Titanic" alum talks about how much more difficult it is now.

"When I was younger my agent would get calls saying, 'how's her weight?'," she told in an interview. However, Winslet says that she cares "about being that actor who moves their face and has a body that jiggles" and feels things in the industry have changed.

Winslet's daughter Mia Threapleton is 22 years old and with social media ever present in everyone's daily life, it represents a new difficulty for celebrities as they have to be more guarded.

"It was

hard enough having the flipping News of the World on my doorstep, but that doesn't even cut it now," she said.

"That phrase about 'today's news being tomorrow's fish and chip paper' doesn't exist. The thing you did when you were drunk or foolish? It may come back to haunt you. Needing to be on one's guard for young actors is just a different thing. It must be extraordinarily hard."

Winslet stars with her daughter in 'I Am Ruth' where they play mother and daughter where self-identity issues are at the centre of the story.



Baron Cohen brought Borat back to mock rapper Kanye and Donald Trump

Los Angeles | Agencies

Actor Sacha Baron Cohen brought his comedy character Borat back to mock rapper Kanye West and former US President Donald Trump at the Kennedy Center Honors.

He joked: "I am told the president of U.S. today is here. Where are you Mr. Trump? You don't look so good. Where has your blown a** big belly gone? And your pretty orange skin without fail. I see you have a new wife. Whoa whoa whoo what! She is very erotic." Cohen as Borat went on to reference his character's home nation of Kazakhstan and mock Trump's theories about the 2020 presidential election as he needled rapper Kanye West over his recent anti-Semitism scandal.

He went on: "I must say I'm very upset about the antisemitism in the U.S. today. It's not fair. Kazakhstan is the number one Jew crushing nation. Stop stealing our hobby. Stop the steal. Stop the steal. Your Kayne. He tried to move to Kazakhstan and even tried to change his name to Kazakhstan-ye West. But we said no. He's too anti-semitic even for us."

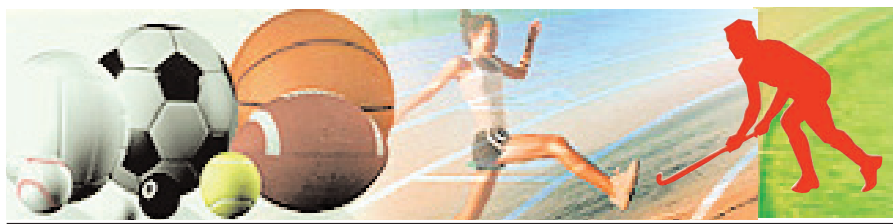
Cohen went on to pay tribute to U2 - referring to the band as "Me Too" - and giving a nod to their 2014 album 'Songs of Innocence' which was automatically installed in iTunes accounts without users' consent. Cohen read a message in Kazakh and then said: "It translates to mean 'Please remove your wretched album from my new iPhone 6.'"



ABSOLUTE PIC OF THE DAY



Hilary Duff



FIFA World Cup

ENGLAND DOWN SENEGAL 3-0 TO REACH QUARTERS



Doha | Agencies

A goal apiece from Jordan Henderson, Harry Kane and Bukayo Saka helped England to an impressive 3-0 win over African champions Senegal and move into the quarterfinals of the FIFA World Cup.

England netted a third one 13 minutes into the second half to take the game away from Aliou Cisse's side and set up a quarter-final clash with France, which earlier on Sunday defeated Poland 3-1.

On Sunday, England made just one change for the game as Bukayo Saka was preferred in attack to three-goal scoring

Marcus Rashford, while Raheem Sterling was unavailable for England, as he was dealing with some family issues back home. Saka, who netted a brace against Iran, was rested against Wales, where Rashford also scored twice in a 3-0 victory. Southgate also preferred to retain Phil Foden and Henderson in the side.

England seemed to be temporarily on the back foot in the face of the growing pressure from Senegal very early in the first half.

England looked primed for the counter whenever Senegal afforded them a chance, making their two opportunities count to giving them a decent lead going into the half time break. England added a

second one three minutes into injury stoppage time with Kane's right footed shot from inside the box to the centre of the goal ending in the back of the nets, after set up by Phil Foden following a fast break. England doubled the lead in a move which started from their own half, went on a blistering run towards the Senegal goal, and closed in, spotted Foden on his left side, with Kane not too far on his right. The Manchester City forward seeing Kane peeling away from his marker sends in a quick pass with the last named player able to get enough space inside of the box to send in a powerful shot at the net, with Mendy having no chance of stopping it.

MBAPPE FOCUSED ON WORLD CUP 'DREAM'

Doha | The player has already scored five times this tournament, taking his overall World Cup tally to nine goals.

"I'm not thinking about the Golden Ball or Golden Boot awarded to the World Cup's best player and highest scorer, (respectively)," the Paris Saint-Germain forward said, reports. "The only objective for me is to win the World Cup. Right now, the quarterfinal is the most important thing. It's the only thing I dream about. I came here to win the World Cup and help the national team, not anything else."

Mbappe also explained why he hadn't spoken to the media during the tournament until Sunday.

"I have nothing personal against journalists. I've just needed to focus on football and the tournament. When I want to concentrate on something that's the way I function. I learned that the French football association would get fined and I said I would pay it because I don't think they should pay on my behalf."

The former Monaco player, added: "I wanted to be ready for this tournament and so far things are going well. But we are still a long way from our objective and now we have to focus on the quarterfinal."

"We are delighted to get through to the quarterfinals. It was a difficult game (against Poland). We played a tough side and managed to score goals at important times during the match. Even though we didn't play as well as we could have, we won and we're delighted."

U19 Women's T20 World Cup

Shafali Verma named as the captain of India

Right-handed opener Shafali Verma on Monday was named as the captain of Indian team for the inaugural edition of the U19 Women's T20 World Cup and for the upcoming bilateral away T20 series against South Africa U19 side.

Team Absolute | New Delhi

Apart from Shafali, wicketkeeper-batter Richa Ghosh has also been included in the squad selected by the All-India Women's Selection Committee, with Shweta Sehrawat to be the vice-captain.

Shafali and Richa's selections for the U19 Women's T20 World Cup are surprising considering the duo were not in India's U19 team preparations through the quadrangular series featuring Sri Lanka and West Indies U19 teams in Visakhapatnam as well as in the ongoing five-match series against New Zealand development side in Mumbai.

Shafali and Richa will join the India U19 side after playing in senior women's upcoming five-match T20 series against Australia, starting from December 9 in Mumbai. In 2019, at the age of 15, Shafali became the youngest cricketer to play in a Women's T20I match for India by debuting in the home series against South Africa.



The India U19 squad has other impressive players like

right-handed batters Soumya Tiwari and G Trisha, pace all-rounder Hurley Gala, left-arm spinner Mannat Kashyap, wicketkeeper-batter Hrishita Basu among others, who have displayed magnificent performances in the ongoing series against New Zealand Development side.

Will don the wicketkeeper's role as per the requirement: KL Rahul



Mirpur | Agencies

India's top-order batter KL Rahul is looking forward to continuing with his role of keeping behind the wickets in the remaining two One-day Internationals (ODIs) against Bangladesh here, with saying he had done it before and would readily do it whenever the requirement arises.

It was the first time Rahul had kept wickets in India's ODI side for more than a year, but

the experienced right-hander is keen to continue in that role should the selectors believe that is the best option.

"We haven't played a lot of ODIs in the last six or seven months, but if you look at, since 2020 or 2021, I have kept wickets in the one-day format, and I have batted at No.4 and No.5 in the middle-order," Rahul said post-match.

"It's a role the team has asked me to be ready for. I've done it before, and whenever the team wants me to play this role, I play this role."

Rahul added he has been working hard on his batting since the T20 World Cup and was glad to be back among the runs at international level with yet another white-ball half-century.

"It was just one of those days where, out of everybody else, I looked like I was timing the ball better and the shots that I picked, fortunately for me, went to the boundary, or every option that I took went my way," Rahul said. "Something that I've been working on even in the last couple of sessions that we've been here in Bangladesh. The pitches, even at the back (nets), have been quite similar to what we got in the middle today, so I tried to challenge myself."

SUKANT KADAM SMASHES GOLD AT THE PERU PARA BADMINTON INTERNATIONAL



New Delhi | World No 3 Sukant Kadam smashed his way to gold medal at the recently concluded Peru Para Badminton International. The ace shuttler defeated Singapore's Chee Hong Ang.

Sukant maintained his dominance right from the word goes in the finals. He defeated Chee Hong Ang in straight sets with a score line of 21-14 and 21-15. The match lasted 32 minutes. The ace shuttler didn't put a foot wrong and had a great final. Talking about the same Sukant Kadam said, "I am really happy with the result, I have been training hard. I have had a good year and I hope that I continue with the same consistency next year."

Stokes-led England seal famous 74-run victory over Pakistan

Rawalpindi | Agencies

All-rounder Ben Stokes was rewarded for his daring second innings declaration and attacking field placement as England sealed a famous 74-run victory over Pakistan in a thrilling Day Five of the first Test at Rawalpindi Cricket Stadium for one of their famous wins.

The 74-run win is England's third Test victory in Pakistan, with Stokes becoming just the third visiting skipper after Ted Dexter in 1961 and Nasser Hussain in 2000, to win a Test match in Pakistan.

It was all made possible after Stokes' bold declaration at tea on Day Four on Sunday, which gave Pakistan a stiff target of 343 for an improbable win. But an



inspired bowling performance from fast bowlers James Anderson (4-36) and Player of the Match Ollie Robinson (4-50) forced a heroic victory to take a 1-0 lead in the three-match series.

On Day Five, Saud Shakeel and Mohammad Rizwan had kept Pakistan in the hunt

produced the breakthrough yet again, sending back Rizwan for 46 with a perfect outswinger, to end the 87-run partnership.

Azhar Ali (40) and Agha Salman (30) survived through till tea to stitch a stand of 61 for the sixth wicket and put some sort of resistance for Pakistan. But Robinson struck soon after, trapping Salman lbw with an inswinger and then had Azhar, who came out to bat after retiring hurt on Day Four due to taking a nasty blow on the finger, glancing straight to leg slip to firmly put England on the path to victory.

Brief scores: England 657 and 264/7 dec beat Pakistan 579 and 268 (Saud Shakeel 76, Imam-ul-Haq 48; James Anderson 4-36, Ollie Robinson 4-50) by 74 runs.

The IPL is a huge step forward for women's cricket: Harmanpreet Kaur



Team Absolute | New Delhi

India skipper Harmanpreet Kaur feels the upcoming Women's IPL, scheduled to begin in March next year, will be a major boost for women's cricket in India, adding that the tournament will help bridge the gap between international and domestic cricket.

"The IPL is a huge step forward for women's cricket because, before this, we have witnessed the Australia Board, England Board; they have looked after the WBBL and The Hundred. I think we as athletes have discussed it as well, that there's a big gap between domestic and international cricket which some cricketers were not able to

match, because even if you play well in domestic cricket and then suddenly play international games, you're not able to understand what to do and how to do it."

"And someone like me, I was lucky you know, I had Jhulan (Goswami) di, Anjum (Chopra) di who were guiding me as to what to do, how I can perform better. So, some players, they are shy, they cannot open up, so, for them, it's very difficult to play both domestic and international cricket."

"So, the IPL will be a great platform for players that are really good, but you know for them, international cricket is still something that they cannot change their approach and mindset overnight," said Harmanpreet.

India not scoring 70-80 runs more is the reason why they lost: Sunil Gavaskar

Legendary India batter Sunil Gavaskar believes the Rohit Sharma-led side not scoring 70-80 more runs is the chief reason behind them losing the first ODI to Bangladesh by a solitary wicket at the Sher-e-Bangla National Cricket Stadium (SBNCS) in Mirpur.

Dhaka | Agencies

Gavaskar also refused to believe that Rahul's dropped catch of Mehidy Hasan Miraz when the batter was on 15 in the 43rd over played a decisive role in India's loss. "You can't really say that was it. Because yes, I think that was the last wicket. That should have made the match over."

"But the fact that India scored 186, I think you are going to look at that as well. I think India didn't score 70-80 more runs is the reason why they lost," Gavaskar said to broadcasters Sony Sports Network after the match ended.

"The bowlers did wonderfully well, to get themselves in a position where they were 136-9. And then Mehidy Hasan Miraz came, they had a bit of luck with



that drop catch, but he played really well. He played sensibly. They took the attack to the opposition and played some bold shots," observed Gavaskar.

He further felt that with the required run-rate not being so high, Bangladesh also made things difficult for them by being over-cautious in the middle, before Mehidy and Mustafizur took them over the line with four overs to spare.

"When you are asked to chase less than 4 runs an over. Like Bangladesh was asked to chase, automatically, the pressure comes down. Bangladesh made it difficult for them by playing ultra cautiously. That's what got them into trouble." Bangladesh now has a 1-0 lead in three-match series, with the second match to be played at the same venue on Wednesday.

Pune Mariners crowned champions of MLB Cup India 2022



Team Absolute | New Delhi

The final day of MLB Cup India 2022 came to a close with an enthralling final between the Satara Blue Jays and Pune Mariners at the Noida Cricket Stadium. The defending champions, Satara Blue Jays were beaten by the hard-hitting Pune Mariners, as the final ended 16-6 in favour of the latter.

The two teams reached the final after gruelling semi-finals. The Pune Mariners beat the Kolhapur Braves 14-8 in the first semifinal of the day. The second semi-final took place between Ahmednagar Dodgers and Satara Blue Jays

and ended, 8-7 in the Blue Jays' favour.

Dinesh Patel, a former pitcher for the Pittsburgh Pirates organisation conducted a clinic for the three teams that are a product of MLB First Pitch, a program designed to implement baseball in school's physical education programs.

"I had great fun watching the games today. I was here last year too and the level of these young athletes has gone up considerably. All I can hope now is that they keep improving at this rate because then very soon India will start producing the next generation of Baseball stars," he said.



Hansika Motwani, Sohael Kathuriya tied the knot in Jaipur

Team Absolute | Mumbai

Telugu and Tamil actress Hansika Motwani and her long-time boyfriend, businessman Sohael Kathuriya, tied the knot at Jaipur's Mundota Fort and Palace on Sunday evening. Their wedding pictures went viral on social media in which Hansika can be seen wearing a red bridal lehenga and Sohael looks dashing in his ivory-hued sherwani. From her entry to the wedding venue to the 'varmala' ceremony, the couple can be seen enjoying every moment. The couple can be seen holding each other's hands after the wedding ceremony. The amazing fireworks and grand decorations amped up the glamour quotient of the entire occasion. Earlier, the couple was seen changing their attire for the day party and haldi ceremony. They stunned everyone with their all-white outfits for the pre-wedding ceremony. Hansika opted for a glittery white gown and Sohael stood out in a white tuxedo. For the haldi ceremony, they chose white floral outfits. Before heading to Jaipur for the wedding, Hansika had her share of fun with friends during her bachelorette party in Greece. She danced her heart out with her girl gang.

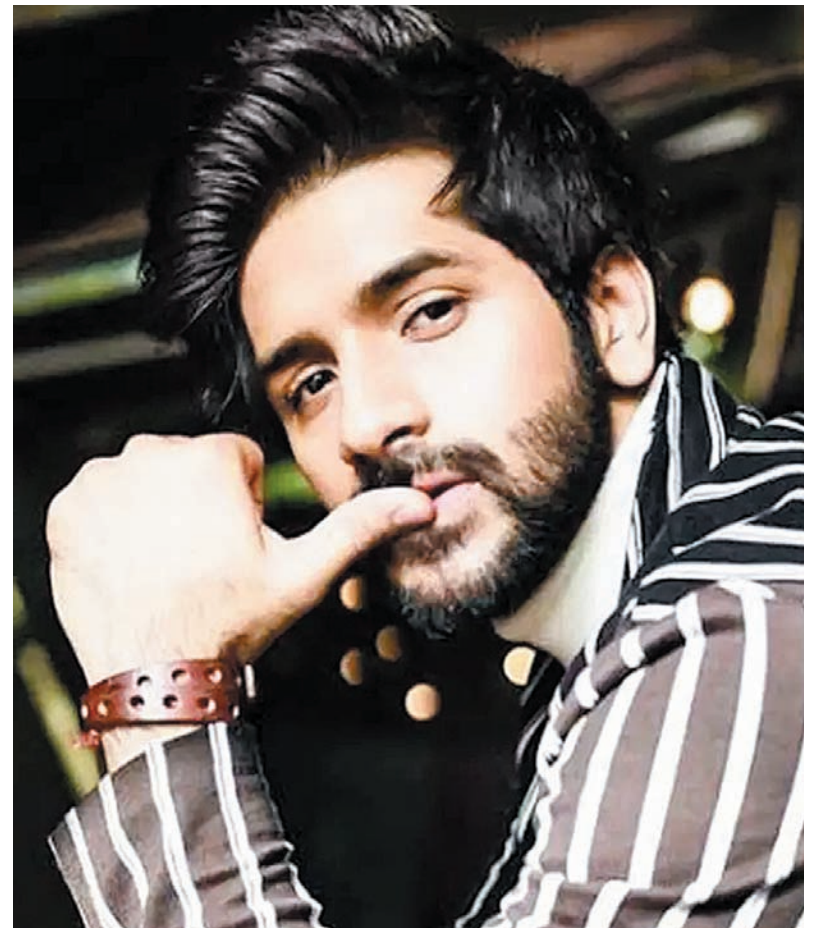
THE SUCCESS OF KANTARA PROVES THAT PEOPLE SEEK WONDERFUL STORIES: VARDHAN PURI

Shachi Chaturvedi | Mumbai

Amrith Puri's grandson, Vardhan Puri, is a rising actor. Vardhan recently spoke up about his thoughts on Bollywood, his experience, and much more in an exclusive interview with Absolute India news.

Vardhan started the interview by sharing how he decided to be a part of the industry, "My family and I at a very young age knew that I would do something artistic. I wanted to sit with my grandfather but back then I wasn't in that position so I promised myself that one day I would achieve that kind of status and experience."

Being Amrith Puri's grandson is a great responsibility for Vardhan. The actor while talking about it shared, "I take no pressure. I believe it is a great responsibility to keep the families' flag flying high and carry on his legacy, and all I have to do is make the perfect film, do incredible work and give my 500%. Just make sure he's smiling at me from above, and I'll be OK." Later while sharing his opinion on how this year has been tough on Bollywood, Vardhan said, "It's been difficult, but thanks to Drishyam 2, things are great again. After seeing the success of even a film like Kantara in Hindi, you realise that the public doesn't have money to spend on a ticket, which is why movies don't succeed, just flats. People would not have made Kantara a block-



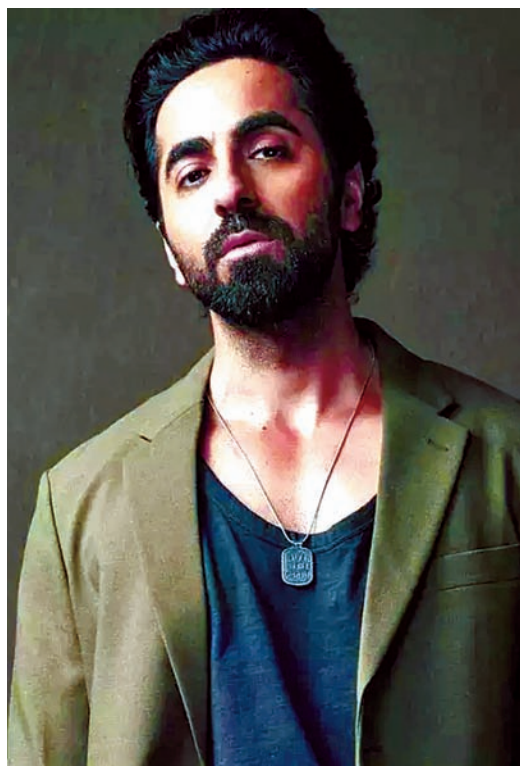
buster if they did not have money, as the film does not even belong to our state. It is from another state, which shows that people would seek out wonderful stories." Later while sharing if the boycott trend made him consider the OTT release of his film, the actor said, "I believe that OTT and cinema releases have nothing to do with the boycott trend, but

rather with the goal of the producers. Some high-concept films should only be available on OTT, while others provide giant-size experiences that can only be appreciated in a theatre. There is also the actor, studio, and popular appeal to consider, therefore I don't believe the release of any film in theatres or on OTT has anything to do with the boycott trend."

WE HAVE TRIED TO GIVE AUDIENCES SOMETHING NEW TO SAVOR: AYUSHMANN

Team Absolute | Mumbai

Bollywood star Ayushmann Khurrana's recent movie 'An Action Hero' may not have opened well at the box-office but the 'word of mouth' seems to be bringing some respite to the film which also stars Jaideep Ahlawat. On Monday, Ayushmann took to his Instagram to share a long note talking about how the film has been put together by first time storytellers and how it deserves audience love. The note then progresses into showing how the duo of Ayushmann and Aanand have always tried to break the clutter with their cinematic efforts. It reads, "As a team, we are always aligned and inclined to try and cause creative disruption. From 'Shubh Mangal Saavdhan', 'Shubh Mangal Zyada Saavdhan' and now 'An Action Hero', we have tried to give audiences something new to savour and discuss through our brand of cinema. So, we are humbled with all the positivity and the 'strong word of mouth' surrounding 'An Action Hero'. We hope this snowballs into more and more people coming to the theatres." The note further spoke about their knack for bringing fresh stories to the fore, "We have always wanted to tell stories differently and back projects that are fresh, that are unique & clutter-breaking. We are grateful for the love that's coming our way for 'An Action Hero'. It validates our stance of walking the road less travelled, to take risks and hopefully contribute to making our industry a more diverse storytelling entity." "For us, 'An Action Hero' is a rare script, a film that was meant to push the envelope of creativity and we hope you continue giving it love and appreciation in the days to come. Keep loving and supporting," the statement read.



Kavita Banerjee all set to play a negative role in a TV show

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TV actress Kavita Banerjee has been roped in to play a negative role in the show 'Bhagya Lakshmi'. The actress talked about her role and said that though again she is playing a negative character but she has no regrets as she enjoys doing such characters as they are fun and challenging at the same place. She shared: "I have played negative role in the shows, 'Teri Meri Ikk Jindri' and 'Rishton ka Manjha'. Playing Sonal in 'Bhagya Lakshmi' is like a wish being ticked off my acting bucket list. Performing a negative character is extremely challenging and fun at the same time." The 'Naagin 6' actress added every character has different shades, similarly this is different from the previous ones and she just hopes to do justice to her role. "Although I have mostly played negative characters on TV so far, but every character has been so very different from the other, and hence the challenge/fun never ceases. I just hope that I am able to do justice to my character and the fans of the show give me the same love they do to the show," she said.

My relatives were like girls shouldn't be working in this field: Niharika Chouksey

Team Absolute | Mumbai

TV actress Niharika Chouksey, who is playing the titular role in the show 'Faltu', said like the lead character, she also faced similar kind of situation in her real life and felt discriminated against by her family members being a girl child. She shared: "I had a similar experience in a way like Faltu when I told my parents that I want to make my career in acting. They were pretty supportive but my relatives weren't. They were like girls shouldn't be working in this field, this clearly shows their lack of knowledge about this and how discriminative they are." Now, she is playing the lead in 'Faltu' which is all about the attitude of people living in rural parts towards girl child and how certain times they end up giving them names like 'Faltu' with a belief that the next child will be a boy. The actress added that she would not have faced those kinds of differences with the family, had she been a boy and expressed desire of becoming an actor. "They wouldn't have reacted in the same way if my brother wanted to do it, so as we can see we all face this kind of discrimination in our day-to-day lives and we don't even know," she added.



Shirley Setia