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Smart wearable devices revolutionise blood pressure control

Team Absolute | New Delhi
Mobile applications and digital health platforms complement wearables by enabling users to record and analyse their BP readings, offering personalised insights and actionable recommendations. This integration fosters better self-awareness and encourages proactive lifestyle changes to improve overall cardiovascular health, Dr Mukesh Goel, Senior Consultant Cardiothoracic and Heart Surgery, Indraprastha Apollo Hospitals, New Delhi, said.

ensure safe and effective blood pressure management, advised health experts. US engineers recently developed a simple, low-cost clip that uses a smartphone's camera and flash to monitor blood pressure at the user's fingertip. The clip, developed by a team at the University of California San Diego, works with a custom smartphone app and currently costs about 80 cents to make. The researchers estimate that the cost could be as low as 10 cents apiece when manufactured at scale. The technology, published in the journal Scientific Reports, can help make regular blood pressure monitoring easy, affordable, and accessible to people in resource-poor communities. It could benefit older adults and pregnant women, for example, in managing conditions such as hypertension.



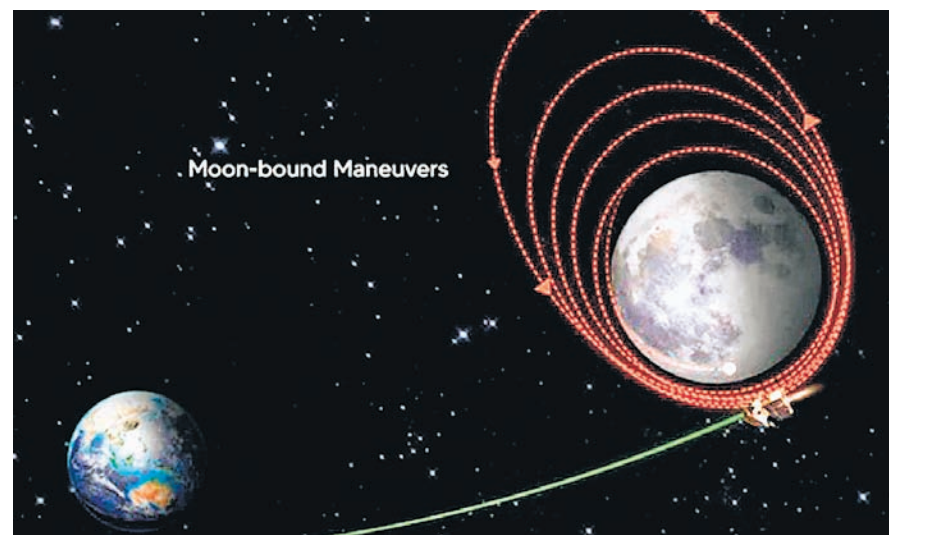
much like how you get a pack of floss and toothbrush at your dental visit," he added.

To measure blood pressure, the user simply presses on the clip with a fingertip. A custom smartphone app guides the user on how hard and long to press during the measurement.

The researchers tested the clip on 24 volunteers from the UC San Diego Medical Center. Results were comparable to those taken by a blood pressure cuff. According to Dr (Maj Gen) Susheel Kumar Malani, HoD, Cardiology, DPU Private Super Speciality Hospital in Pimpri, Pune, the proper control of blood pressure requires regular self-monitoring by the patient and also by the treating doctor. "There are various gadgets available for self-blood-pressure monitoring at home that are quite reliable. These are digital blood-pressure measuring instruments that use an oscillometric method to record your blood pressure," Dr Malani said.

Technology is revolutionising blood pressure control, empowering individuals to monitor and manage their BP more effectively. Smart wearable devices, such as smartwatches and fitness trackers, now include blood pressure monitoring features, providing real-time data and tracking trends over time. According to health experts, these devices offer convenience and accessibility, promoting regular monitoring and early detection of any anomalies.

monitoring at home that are quite reliable. These are digital blood-pressure measuring instruments that use an oscillometric method to record your blood pressure," Dr Malani said. It is important for patients to understand that these real-time blood pressure records should be maintained in writing in order to show them to the doctor as and when required. There are 24-hour ambulatory monitors available these days for patients whose blood pressure is not very well controlled despite good medication or keeps fluctuating irregularly at various times a day. "Also, there are various AI-backed blood pressure-analysing instruments available that help the patient monitor blood pressure along with other key vitals. It can be done through wearable tech and applications that map the vitals," said Dr Malani.



Chandrayaan-3 enters lunar orbit, 'says' feeling lunar gravity

CHENNAI | Agencies
The Indian Space Research Organisation (ISRO) on Saturday evening successfully injected the Chandrayaan-3 spacecraft into the lunar orbit, an official said.

According to the official, the firing of the onboard motors began at about 7.15 p.m. and the spacecraft was steered towards the moon orbit. The Indian Space Research Organisation (ISRO), in a tweet, said: "MOX, ISTRAC, this is Chandrayaan-3, I am feeling lunar gravity."

"Chandrayaan-3 has been successfully inserted into the lunar orbit. A retro-burning at the Perilune was commanded from the Mission

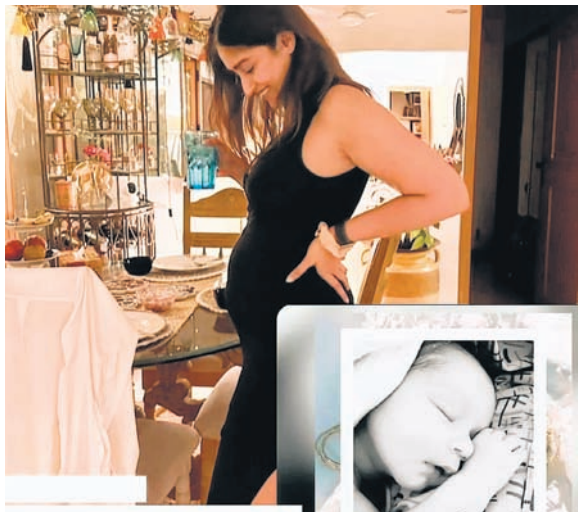
Operations Complex (MOX), ISTRAC, Bengaluru. The next operation - reduction of orbit - is scheduled for Aug 6, 2023, around 23:00 Hrs. IST. The Chandrayaan-3 spacecraft was put into orbit on July 14 in a copybook style by India's heavy lift rocket LVM3. The spacecraft comprises a propulsion module (weighing 2,148 kg), a lander (1,723.89 kg), and a rover (26 kg). The main object of the mission is to safely send the lander onto the lunar soil. The lander will get separated from the propulsion module a couple of days and later expected to make a soft-landing near the South Pole of the moon on August 23 evening at 5.47 p.m. The lander will descend to the moon from a height of

about 100 km from the moon's surface. The soft landing is a tricky issue as it involves a series of complex manoeuvres consisting of rough and fine braking. Imaging of the landing site region prior to landing will be done for finding safe and hazard-free zones.

Subsequent to the soft landing, the six-wheeled rover will roll out and carry out experiments on the lunar surface for a period of one lunar day which is equal to 14 earth days. On August 1, Chandrayaan-3 completed orbiting around the earth and headed towards the moon. On that day a successful perigee-firing performed at ISTRAC, ISRO has injected the spacecraft into the translunar orbit.

Ileana D'Cruz welcomes a baby boy, introduces her son as Koa Phoenix Dolan by sharing his first picture

Team Absolute | Mumbai
Ileana D'Cruz has finally become a mother to her first child. She welcomed her baby boy on August 1 and she has named him Koa Phoenix Dolan. She took to Instagram to share the first picture of her newborn baby. "No words could explain how happy we are to welcome our darling boy to the world. Hearts beyond full," she wrote on Instagram. However, Ileana is yet to reveal the identity of her partner and introduce him to the world. A few weeks ago, Ileana had dropped pictures from the date night with the man in her life. She had taken to Instagram stories and treated her fans with glimpses of her dinner date. Ileana was seen dressed in a beautiful strappy red dress, while her mysterious man opted for a



Blessed with a Baby Boy 😍❤️

black shirt and trouser for the date night and sports a beard and moustache look. From leaning on his shoulder,

posing for a selfie and cutely looking at him, their pictures had highlighted the glow and happiness on Ileana's face.

Durand Cup: Rajnath Singh asserts on maintaining rules in game and society

GUWAHATI | Agencies
Defence Minister Rajnath Singh stressed the importance of maintaining rules and regulations within a society by drawing a comparison with a football game as he inaugurated the 132nd edition of the Durand Cup in Assam's Kokrajhar on Saturday.

In his remarks on the occasion, he said: "Rules and regulations are very important in football. You all must be aware of the offside rule in football. Even if a player scores a goal by going offside, it is not considered a goal, meaning that as soon as you go against the rules, even if any of your efforts become successful, it is not meaningful."

"Be it a game, a society, or a nation, rules are very important, and it is the responsibility of all of us to maintain them," he said.

"A true sportsperson and a true citizen is the one who does his duty according to all the rules of the game



and society."

Rajnath Singh noted that football is a game that unites people, and this is a game of peace. Recounting an instance of Brazilian soccer legend Pele, he said: "In the 1970s, a civil war broke out in Nigeria. Thousands of people had lost their lives in that war, and the atmosphere was extremely

tense. No appeal from the police or leaders was able to calm the situation. But when Pele reached there to play a friendly match, it is said that for 48 hours, there was no incident in the whole country."

Addressing the enthusiastic crowd at the Sai Stadium, he complimented the efforts of the Armed Forces and

Bodoland Territorial Council (BTC) for creating a positive environment in Kokrajhar, which resulted in the event being organised in the city for the first time. He commended the people of the northeast for their excitement and love for football, describing 'the beautiful game' as not just a sport but an emotion. Stating that Assam has produced many football talents in recent times, Rajnath Singh exuded confidence that the Durand Cup would encourage the youth to join the sport with renewed vigour.

The opening ceremony was witnessed by nearly 12,000 football fans from across the state and the region. The main attractions of the ceremony included a flypast by Sukhoi-30 MKI aircraft and Mi-17 helicopters, martial displays, Gatka and Bhangra, and the display of Bodo cultural dance by the local troupe.

The inaugural ceremony was followed by the opening match of the tournament between Bodoland FC and Rajasthan United FC.

Laos receives over 1.6 mn int'l tourists in H1

Vientiane | Agencies
Laos has witnessed a significant increase in the number of visitors in the first six months of 2023, with more than 1.6 million foreign tourists visiting the country. The most recent data revealed by the Tourism Marketing Department of the Lao Ministry of Information, Culture and Tourism in July, showed that the largest number of visitors came from Thailand with 668,595, followed by 398,937 from Vietnam and 317,604 from China, reports Xinhua news agency. The number of visitors has increased hugely compared to the first six months of 2022, when only 42,197 foreign nationals entered Laos on tourist visas. Tourism authorities and operators have improved services at hotels, guesthouses and restaurants, and added more facilities at



tourist sites, to provide a better and more interesting visitor experience.

Lao government has organised promotional campaigns to attract tourists attracting many visitors.

In 2023, the Lao government has made tourism a top priority in efforts to revitalise the economy, while rolling out a plan to attract at least 1.4 million foreign tourists.

In addition, the Lao government is preparing for Visit Laos Year 2024 and expects to attract at least 4.6 million visitors next year, which will generate a revenue of \$712 million.

Centre to deploy artificial reefs in 3,477 fishing villages with CMFRI support

Lucknow | Kochi
The Central Marine Fisheries Research Institute (CMFRI) has taken part in a pioneering project of the Union Department of Fisheries to deploy artificial reefs (AR) in a total of 3,477 fishing villages in the country with the aim of promoting sustainable fisheries and livelihood.

An artificial reef is a sheltered human-built structure, placed on the sea bed as a substitute for natural habitats. With a fixed scientific design, it functions as a self-sustaining production system on the sea bed.

As part of this ambitious project, a nationwide campaign has been launched in association with respective state governments and the technical support of the CMFRI, starting from Kerala where ARs' placement is proposed in 220 villages.

In the first phase of the implementation of the project, five pre-stakeholder workshops were conducted from Tuesday to Friday for 42 villages in Thiruvananthapuram district, providing a platform to educate and



engage village-level fishermen leaders about the potential of AR in transforming the marine fishing landscape.

The project is under the Prime Minister's Matsya Sampada Yojana (PMMSY) scheme, with 60 per cent funding from the Centre and 40 per cent from the state governments.

For the last few years, the CMFRI has been successfully undertaking the installation of artificial reefs in the coastal waters of Tamil Nadu, Andhra Pradesh, Gujarat, and Kerala on an experimental basis under the leadership of Principal Scientist Dr Joe K.

Kizhakkudan. The positive outcome of the project in terms of enhanced fish availability to the small-scale fishers at lower operation costs was instrumental in prompting the Central government to expand the technology across the country.

CMFRI Director Dr A. Gopalakrishnan said that the CMFRI has developed protocols for site selection, design, fabrication, deployment and impact assessment of this innovative technology.

"ARs would help restore the marine environment and boost coastal fish production. It will discourage bottom trawling in the near shore areas, helping the marine environment to regenerate and the small-scale fishers to get a higher catch," he said.

According to the CMFRI, over 300 species coexist in a settled AR habitat. The commercial varieties being attracted to the AR include breams, groupers, snappers, perches, cobia, sea bass, rabbit fishes, silver biddies, seer fish, barracuda, mackerel, trevallis, queen fishes etc.

SRINAGAR RANKS 1ST DISTRICT ACROSS INDIA IN 'EAT RIGHT CHALLENGE'

Srinagar | Agencies
Srinagar district has achieved the top rank across the country in implementation of third phase of "The Eat Right Challenge for Cities and Districts" of the Food Safety and Standards Authority of India, an official statement said. The 'Eat Right Creativity Challenge - Phase III' started from May 2023 and will end in October has been launched as a part of the celebration of 'AzadiKaAmritMahotsav', is aimed to capture the creative talent of students and enable them to inculcate healthy dietary habits.

"The targets fixed by Food Safety Standards Authority of India were satisfactorily achieved, hence Srinagar district figured as top district across the country as of August 3, 2023," the statement added on Thursday.

The 'Eat Right Challenge', also known as 'Eat Right movement' envisioned as a competition among districts to recognise their efforts in adopting and scaling-up of various initiatives under the 'Eat Right India' initiative. These initiatives include strengthening food safety through the food regulatory environment, to provide safe and healthy food options by enabling the supply side and to engage with citizens for adoption and demanding healthier diet. "The activities which were carried out under this challenge include registration and licensing drives, surveillance drives, lifting of enforcement samples, special camps for consumer awareness, hygiene rating, clean street food, no food waste certification, reusing of cooking oil, training to Asha and Anganwadi workers, eat right campaigns to promote eat right message," the statement said.



'DIDN'T HAVE INFO ON TENSION BUILD-UP IN NUH': HRY HOME MINISTER

Chandigarh | Agencies

Saying he did not have information about intelligence on the possible build-up of tension in Nuh, Haryana Home Minister Anil Vij on Saturday said the police are investigating and the conclusion that will emerge will be made public. "The police are investigating point by point. The conclusion that will emerge after the investigation will be made public," Vij told the media here. He was replying to a question about the role of Pakistan in the violence in Muslim-dominated Nuh, where the curfew was relaxed from 12 noon to 3 p.m. "The police are taking action and so far 104 FIRs have been registered and 216 people arrested. Likewise, 80 people have been detained on suspicion," Vij said. On a question of a viral video of a CID inspector claiming that he knew everything in advance about the violence, the minister said: "I have also seen this video. Will take appropriate action at the appropriate time."



Responding to a question regarding a link between the Punjab-registered vehicle and Hyder Ali during the violence, Vij said this information has been forwarded to the authorities for investigation. Earlier on Saturday, Vij said he was not given any intelligence input on the Nuh violence. "I even asked ACS (Home) and the DGP, they said they also did not have the information. Now, a video is going viral in which a CID inspector claimed that he knew everything in advance. If he knew,



then who did he inform about this?" The state Home Minister smells big game plan behind the violence. "People climbed hills next to the temples, had lathis (canes) in their hands and gathered at entry points, all this is not possible without a proper plan. Bullets were fired... all this was part of a plan. We will not rush to an early conclusion without a thorough investigation being done," he said. Meanwhile, the demolition drive in Nuh district continued for the third

day on Saturday as authorities bulldozed illegal constructions on 2.6 acres of land around SKM Government Medical College. Around 45 temporary structures were demolished as part of the drive, police said. SDM Ashwani Kumar told the media owners of some of these structures were involved in the violence. Central Reserve Police Force (CRPF) Inspector-General Jasbir Singh Sandhu said the situation in Nuh is under control.

Congress attacks government over reports of arms loot in Manipur

Team Absolute | New Delhi

Congress on Saturday attacked the government over deteriorating situation in Manipur and reports of government arms loot in the violence ridden state. "No wonder that on August 1, the Supreme Court observed that from the beginning of May there was an 'absolute breakdown of constitutional machinery', as also law and order machinery in Manipur. Yet the Prime Minister continues to be silent and allows the totally discredited Chief Minister to continue," Congress General Secretary Jairam Ramesh said in a tweet. He also shared a news report of the looting of the government arms. The Manipur Police said that it is undertaking a high-level probe into the loot of a large amount of arms and ammunition from two police outposts in Bishnupur district. Manipur Police in a



statement late on Thursday night said that a mob ransacked Keirenphabi Police outpost and Thangalawai Police outposts of Manipur Armed Police's 2nd Battalion in Bishnupur and took away a huge cache of arms and ammunition. The mob, comprising men and women, also attempted to snatch arms and ammunition from Heingang police station and Singjamei police station in the same district but security forces repelled them. Reports said that the mob looted sophisticated weapons, including AK and 'Ghatak' series of assault rifles, many self-loading rifles and over 19,000 bullets of different calibres.

Woman killed over property in K'taka; son, daughter-in-law arrested

Bengaluru | Agencies

In a shocking incident, a man along with his wife hacked his mother to death in Devanahalli near Bengaluru over property, police said on Saturday. The incident took place at Yarthiganahalli village in Bengaluru Rural district. The deceased mother has been identified as 60-year-old Chinnamma. The accused have been identified as the deceased's 40-year-old son -- Raghavendra and his 38-year-old wife Sudha. Police explained that there was a dispute over property between the deceased and her son. Raghavendra had got the property registered in his name without the knowledge of his mother Chinnamma. The dispute is subjudice in the court. Meanwhile, Chinnamma had come to the



farm to collect fuel and her accused son had started a quarrel with her. While quarreling, the accused attacked his mother with a stick. His wife Sudha also joined and attacked her. The couple had taken the injured Chinnamma to the hospital and tried to pose as innocents. Chinnamma died due to severe bleeding. The police arrested the accused couple after the probe revealed their involvement in the murder. Investigation is on in the case.

PUNJAB POLICE ARRESTS TWO MP-BASED ARMS SUPPLIERS

Chandigarh | Agencies

Punjab Police on Saturday said it busted an inter-state illegal weapon smuggling module with the arrest of two Madhya Pradesh-based arms suppliers involved in large-scale illegal manufacturing and supply of weapons into Punjab and other states. The accused were apprehended from Madhya Pradesh by a team of the Counter Intelligence of Jalandhar. Director General of Police Gaurav Yadav has identified the accused as Harpal Singh and Kishore Singh Rathore of Madhya Pradesh. The police teams have also recovered a cache of 17 pistols of .32 bore along with 35 magazines from their possession. "The preliminary investigations revealed that these weapons were meant to be supplied to criminal gangs associated with Jaggu Bhagwanpuria and Ravi Balachauria," he said. The development came after the Counter Intelligence unit arrested a person identified as Lovdeep, alias Love, from Jalandhar after recovering one pistol along with two cartridges



from his possession. The DGP said during the investigation of linkages, it came to the fore that the recovered weapon was part of a consignment, supplied by inter-state weapon manufacturers and suppliers, suspected to be based in MP's Khargone and Bharwani districts. Following inputs, a team of Counter Intelligence went to MP on Tuesday and managed to trace out and arrest both the accused arms

suppliers, he added. AIG, Counter Intelligence, Navjot Singh Mahal said the operation is still going on and there is a high possibility of more recovery of arms and ammunition.

24-HOURS SHUTDOWN CRIPPLES LIFE IN 5 MANIPUR VALLEY DISTRICTS

Imphal | Agencies

Normal life was crippled in five valley districts of Manipur on Saturday as various Meitei organisations called a 24-hour-long shutdown demanding to convene an urgent session of the state Assembly to pass a resolution on the ethnic violence. Shops and business establishments, educational institutions, government and non-government offices, and banks were closed and all kinds of vehicles, save those of security personnel, went off the roads due to the shut down in five valley districts -- Imphal East, Imphal West, Thoubal, Bishnupur, and Kakching. The hill districts, however, remained unaffected in view of the shutdown. No untoward incident was reported from any of the five districts. L. Binod, who is one of the conveners of the shutdown, said that the strike was called to give a "pressure to the government" to restore peace and normalcy in the state. Meanwhile, the Manipur government has convened a session of the state Assembly from August 21. The previous session was held in March. "The Assembly session should be



convened much earlier and before the monsoon session of the Parliament ends, so that a suitable resolution is adopted in the house and it can be referred to the Parliament," Binod told the media. Ethnic violence broke out in Manipur on May 3 and so far over 170 people killed and over 600 injured while damaging a large number of

properties including houses, business establishments, government buildings and other assets. Over 70,000 people of different communities have been displaced from their houses and villages and taken shelter in the relief camps in Manipur and several other neighboring northeastern states including Mizoram and Assam. The ethnic flare-up and hostilities

between the two warring communities -- the Meiteis and Kuki-Zomis -- further resurfaced recently after the tribal organisations announced mass burial of tribals killed during the ongoing strife. However, Thursday's mass burial in Churachandpur was postponed after the Manipur High Court ordered to maintain status-quo at the proposed burial site.

Those who fight will win': Tejashwi Yadav on Rahul Gandhi's SC verdict

Patna | Agencies

Bihar Deputy Chief Minister Tejashwi Yadav on Saturday attacked Prime Minister Narendra Modi-led government saying that 'Jo Ladega Wo Jitega' (those who fight will win). His statement comes in wake of Supreme Court verdict giving relief to Rahul Gandhi in 'Modi surname'. Tejashwi Yadav, after returning to Patna from New Delhi said that the decision of Supreme Court is a win for justice. "Everyone knows how the people sitting in the central government were penalising Rahul Gandhi. I firmly believe that those who fight will win and those who are scared get defeated," he said. Tejashwi Yadav and Lalu Prasad Yadav had gone to Delhi to appear in the special court of ED in land-for-job case. The Special ED court will hear the case again on August 22. On Friday, the SC



stayed the conviction of Congress leader Rahul Gandhi in a 2019 defamation case over his Modi surname remark, restoring his status as an MP. A three-judge bench of Justices B R Gavi, P S Narasimha and Sanjay Kumar said no doubt that the utterances were not in good taste and that a person in public life is expected to exercise caution while making public speeches.

"No reason has been given by the trial judge for imposing maximum sentence, the order of conviction needs to be stayed pending final adjudication," the bench said. The top court was hearing a plea by Rahul Gandhi challenging the Gujarat High Court verdict which dismissed his plea seeking a stay on his conviction in a defamation case over his 'Modi surname' remark.

Akali Dal criticises raids on Khalsa Aid offices

Chandigarh | Agencies

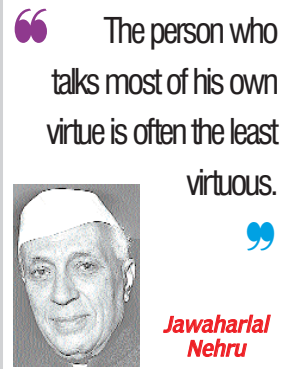
The Shiromani Akali Dal (SAD) on Saturday reacted against "the spate of raids being conducted in Punjab on mere suspicion against individuals and organisations linked with Sikhism" and engaged in carrying on social welfare and relief work in the state, the country and abroad. Addressing the media here, senior SAD leader Prem Singh Chandumajra took strong exception to the manner in which raids were conducted on individuals and offices belonging to the Khalsa Aid. Chandumajra also condemned the manner in which Sikh NRI Tanmanjit Singh Dhesi, a sitting member of British Parliament, was stopped and harassed before being allowed to board his flight from the international airport in Amritsar. "Deplorable incidents like these remind the Sikh masses of the era of the Congress rule, especially under Indira Gandhi, when even the most highly respected Sikhs like the country's only Marshall of the Air Force, Arjan Singh, and eminent journalist Khushwant Singh were targeted by anti-Sikh mobs in Delhi or when the Akali workers and leaders like Sardar



Parkash Singh Badal and Jathedar Gurcharan Singh Tohra were stopped from entering the national capital during the

Asian Games," he said. "Raid and others modes of harassment, including false

cases, against innocent Sikhs on the merest suspicion intensify the already deep sense of hurt and emotional alienation of the Sikh masses from the national mainstream. It is natural for us to feel targeted," said Chandumajra. Referring to the raid on Khalsa Aid branch in Punjab, he said: "If there was any specific complaint against any individual, he should be questioned and treated under due process of law instead of being harassed and humiliated by government agencies as the Khalsa Aid workers were being subjected to such treatment." "Why should an entire organization, engaged in humanitarian work, be defamed and harassed for the wrong doings of any single individual connected with it, even if that individual may have violated some clauses of the law of the land," he said. He urged the Union Home Minister to intervene to get such discriminatory acts stopped. Chandumajra said his party will continue to champion the cause and interests of Khalsa Panth and Punjabis against all repressive measures and methods being adopted by the governments of the day.



LS SHOULD IMMEDIATELY RESTORE RAHUL'S MEMBERSHIP : ADHIR

Taking a swipe at the Centre, Leader of Congress in Lok Sabha Adhir Ranjan Chowdhury on Saturday said that the speed at which senior party leader Rahul Gandhi was disqualified as an MP, the Lower House should now immediately reinstate his membership after the Supreme Court stayed his conviction in the Modi surname remark defamation case.

Team Absolute | New Delhi

Chowdhury also wrote a letter to Lok Sabha Speaker Om Birla requesting restoration of Rahul Gandhi's membership at the earliest so that he can participate in the House proceedings.

Addressing a press conference at his residence here, Chowdhury said: "The Supreme Court is in its order stayed the conviction of Rahul Gandhi. It means that he should be allowed to participate in the proceedings of the House. And before this is the responsibility of the Lok Sabha Secretariat to take note of the same."

Taking a swipe at the government for disqualifying Rahul Gandhi within a day of the Gujarat court order on April 24, Chowdhury said: "The speed at which they had disqualified him same should be seen in reinstating his membership."

The Congress leader said that he called the Speaker on Friday night saying that he needed to submit the



letter of stay on conviction of Rahul Gandhi by the Supreme Court. "He suggested that I will talk tomorrow morning. Today (Saturday)

morning I called up Lok Sabha speaker again over phone and he asked me to submit the documents in the Lok Sabha Secretariat office. I

called the Lok Sabha Secretariat and he said that the office is closed. And thus I asked if I need to submit it today with him, he said submit it with the Lok Sabha Speaker. And today is holiday.

"When I asked what is the other way to submit the letter, he said it can be sent through post. I sent it through post and the letter was received and signed but they did not put the stamp," he added.

Chowdhury also said that the House should function and Rahul Gandhi comes back there. "When he has been granted relief by the Court, we are requesting the Speaker to see that he faces no issues in returning," the Congress leader added.

In a big relief, the Supreme Court on Friday stayed the conviction of Rahul Gandhi in Modi surname remarks defamation case, which cost him his membership, saying that no reasons were given by the trial judge for imposing the maximum punishment of two years in the case.

Earthquake tremors felt in Delhi, Noida, Gurugram & Jammu and Kashmir



Team Absolute | New Delhi

A powerful 5.8 magnitude earthquake struck Afghanistan on Saturday night, leading to tremors being felt in Delhi and surrounding areas.

According to a tweet by the National Centre for Seismology (NCS), the earthquake of magnitude occurred on Saturday at 9.31.48 IST, at a point at latitude 36.38 degrees and longitude 70.77 degrees, at a

depth of 181 km in the Hindu Kush region of Afghanistan.

Another earthquake measuring 5.8 on the Richter scale jolted Jammu and Kashmir on Saturday evening.

National Centre for Seismology (NCS) said that an earthquake measuring 5.8 on the Richter scale occurred at 9.31 p.m. today evening with epicentre in Hindukush Afghanistan. The depth of the earth-

quake was 181 Kms and its coordinates were latitude 36.38 degrees north and longitude 70.77 degrees east.

Officials said no report of any casualty or damage to property was reported from anywhere so far.

At 8.36 a.m on Saturday an earthquake measuring 5.2 on the Richter scale with epicentre in Pakistan region occurred.

Seismologically, Kashmir is situated in an earthquake prone region.

Mehbooba Mufti alleges house arrest along with other party leaders



I've been put under house arrest along with other senior PDP leaders today. This comes after a midnight crackdown where scores of my party men are illegally detained in police stations. GOIs false claims about normalcy to the SC stands exposed by their actions driven by paranoia.



Srinagar | Agencies

Former Jammu and Kashmir Chief Minister and Peoples Democratic Party (PDP) president, Mehbooba Mufti on Saturday questioned the Centre's claims of normalcy in the union territory and alleged that she has been put under house arrest.

On this day in 2019, the Centre had abrogated Article 370, removing the special status and downgrading the state into two union territories of Jammu and Kashmir and Ladakh.

"I've been put under house arrest along with other senior PDP leaders today. This comes after a midnight crackdown where scores of my party men are illegally detained in police stations. GOIs false claims about normalcy to the SC stands exposed by their actions driven by paranoia."

@barandbench @LiveLawIndia, she said in a post on X (formerly known as Twitter).

In another comment she said: "On one hand, giant hoardings calling upon Kashmiris to 'celebrate' the

illegal abrogation of Article 370 have been put up across Srinagar. Whereas brute force is being used to choke the actual sentiment of the people. Hope the Hon'ble SC takes cognisance of these developments at a time when Article 370 has come up for hearing."

Authorities have made elaborate security arrangements to maintain law and order in the valley.

No report of any protest or untoward incident has so far been reported from anywhere."

Home Minister Amit Shah inaugurates Kamakhyanagar-Duburi section in Odisha

Union Home Minister Amit Shah on Saturday inaugurated four laning of the Kamakhyanagar-Duburi section of NH-53 here in the presence of Odisha Chief Minister Naveen Patnaik and Union Minister Dharmendra Pradhan.



Bhubaneswar | Agencies

Shah also laid foundation stone for widening and strengthening another highway project from Moter to Banner via Ludugana Road of Kalahandi district.

The 51 km Kamakhyanagar-Duburi project was constructed with a cost of Rs 761 crore.

This project will connect mineral rich Angul and Dhenkanal districts with other parts of Odisha and country, said Shah.

It consists of two major bridges, 10 minor bridges, seven vehicles under passes, two animal-under passes and a 1.73 km-long bypass road.

Country's development and economic development is directly connected with the national highways and the Modi government has taken a lot of steps for development of NHs

during the last nine years, Shah said.

The Union Home Minister further said the 15 km project from Moter to Banner in Kalahandi district will be constructed with a cost of Rs 34 crore.

The Union Home Minister went on to say that in 2014-15, only 12 km of national highway were constructed each day in India, which was increased to 29 km per day in the year 2020-22, he pointed out.

"During UPA government time, he said, Odisha had got Rs 1.14 lakh crore from the devolution fund and grant-in-aid. However, the amount has not been enhanced to Rs 4.57 lakh crore. In total funding to Odisha, the amount has been enhanced from Rs 3 lakh crore to Rs 18 lakh crore. The Modi government will leave no stone untouched for the development of Odisha," he assured.

During nine years, the left wing extremism (LWE) activities have dra-

matically come down in the country including Odisha.

"The number of LWE incidents have decreased by 30 per cent in between 2015 to 2019, while the causality in Naxal attacks went down by 32 per cent and there was a 56 per cent decrease in causality of security personnel in LWE menaces, the Home Minister said.

On his part, the Chief Minister said connectivity is key to progress and empowerment of the people and pointed out the annual budget of the Works department has seen a quantum jump from Rs 280 crore in 2000 to more than Rs 15,000 crore now.

"Odisha always believes in cooperative federalism and I thank the Government of India for its support to the state in its development agenda. I once again warmly welcome Union Home Minister Amit Shah to Odisha."

Meanwhile, Dharmendra Pradhan said the Modi government has provided Rs 18.83 lakh crore to Odisha while the previous government had provided Rs 2.93 lakh crore to the state during 2004 to 2014.

Shah, who arrived here last night, will hold crucial meetings with state BJP party leaders this afternoon.

He is also likely to make strategy for the 2024 general and Assembly elections and will return to Delhi in the evening.

'The Elephant Whisperers': Mahouts Booman, Bellie raise exploitation issue

Chennai | Agencies

A fresh controversy has cropped up around the celebrated Oscar winning documentary, 'The Elephant Whisperers' with the mahout couple Booman and Bellie alleging that they were exploited by the documentary makers.

The allegation was raised in a recent interview. The duo had alleged that the documentary makers did not give them remuneration and had been irresponsible after the Oscar win.

Booman and Boommie, in an interview to a local publication, said that they had spent huge money during the shoot of the documentary to cover the expenses.

They also alleged that they have filed a case against the makers of the documentary who have threatened them to take it back.

The makers of the documentary, Sikhya entertainment and the direc-



tor Kartiki Gonsalves, in a statement on Saturday said: "The goal in creating 'The Elephant Whisperers' has always been to highlight elephant

conservation and the tremendous effort of the forest department and its mahouts Booman and Bellie. Since its launch the documentary

has raised awareness of the cause and had a real impact on the life of Mahouts and Cavadis community.

"Tamil Nadu Chief Minister M.K. Stalin has made donations towards assisting the Mahouts and Cavadis who looks after the state's elephants, constructing eco-friendly houses for the caretakers and developing an Elephant camp in Anamalai Tiger Reserve."

The statement said that the documentary had brought widespread fame to the works of mahouts like Booman and Bellie.

The documentary makers said that all claims made were untrue. It said: "We have a deep respect for all the contributors of this story and remain driven by the desire to create positive change."

The allegation had come immediately after Bellie was appointed as the first permanent women elephant caretaker at Theppakadu elephant camp in the Nilgiris region."

CJI DY Chandrachud unveils year-long training calendar for SC officials

Team Absolute | New Delhi

Chief Justice of India (CJI) D.Y. Chandrachud on Saturday inaugurated a year-long training programme for the officials of the Supreme Court.

In the inaugural session, one day-workshop on 'Leadership and Ethics' was organised by the top court in collaboration with Indian Institute of Public Administration (IIPA), where CJI Chandrachud delivered the keynote address.

In his address, he laid special emphasis on the importance of Gender Sensitization training along with training in ICT skills.

CJI Chandrachud stressed upon the need for empathy and compassion in the officials in their dealings with public.

He said that the trainings will not only improve the job performance of the employ-

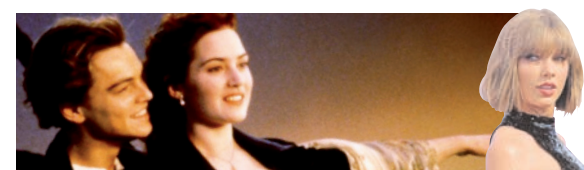


ees but "will also equip them to foster their personal development".

He motivated the employees of the apex court to embark on the journey of transformation and growth and reiterated his commitment towards making the Supreme Court a fully digitised institution having

"paperless functioning".

The training calendar, unveiled by CJI Chandrachud for 2023-2024, contains notable trainings planned throughout the year on subjects like Induction Training for newly joined officers, Legal Training, ICT training, Personal Training, Language Training among others.



Rami Malek, Lucy Boynton split after five years of togetherness

Los Angeles | Agencies

Actor Rami Malek, who played the rock legend Freddie Mercury in 'Bohemian Rhapsody' has split with girlfriend of five years, Lucy Boynton. Actor Rami Malek, who played the rock legend Freddie Mercury in 'Bohemian Rhapsody' has split with girlfriend of five years, Lucy Boynton.



break-up for emotional support, including The Crown's Emma Corrin. The two were spotted at a Bruce Springsteen concert in Hyde Park in July.

The source claims: "He asked Emma to join him to watch Bruce at BST last month and they had a great time. Rami is enjoying life and living it up. Rami has surrounded himself with his mates and has spent the summer enjoying himself," they continued.

Lucy seems to be enjoying the single life as well, attending Wimbledon without Rami. The two seemed head over heels with each other and

The two actors met on the set of 'Bohemian Rhapsody'. Lucy played Freddie's girlfriend, Mary Austin in the film, reports Mirror.co.uk.

Rami went on to win an Oscar for his role in the film. Insiders told The Sun that the couple broke up earlier this year after slowly drifting apart. The last time the duo were photographed together was in February of this year.

A source told The Sun: "Rami and Lucy split earlier this year without much fanfare. They were together for a long time but had grown apart. They are both moving on with their lives and are busy with work." As per Mirror.co.uk, Rami is rumoured to be hanging around various friends since the

were very public about their relationship and feelings. When Rami won the Oscar for Best Actor in 'Bohemian Rhapsody', he said in his speech: "Lucy Boynton, you are the heart of this film, you are beyond immensely talented, you have captured my heart" as the blonde looked on fondly from the crowd. Rami most recently appeared in 'Oppenheimer', as David Hill as a nuclear physicist who helped create the atomic bomb during World War Two. He also appeared as the main villain, Lyutsifer Safin, in the latest 'James Bond' film 'No Time to Die' opposite Daniel Craig.

Los Angeles | Agencies

Singer Rita Ora and her Hollywood director husband Taika Waititi have finally shared details of their wedding, a year after the intimate ceremony.

The singer-actress married Waititi back in August 2022, in an impromptu wedding, marrying after having known each other for four years and dated for one.

The ceremony was planned in just two weeks with eight people in attendance, after Ora, 32, popped the question during a trip to Palm Springs.

Ora shared a gallery of images from their wedding with Vogue magazine, and revealed she wore three different Tom Ford looks for her big day, as she and Waititi exchanged vows at their home in Los Angeles.

As per Daily Mail, Taika, 47, revealed: "She proposed to me, and I said 'yes' instantly."

Discussing the ceremony, the director added: "There were about

eight people there - just close friends and family, and parents on Zoom."

Ora's sister Elena was a bridesmaid, while Waititi's best friend, actor Jermaine Clement, flew over from New Zealand for the ceremony.

Talking about the British designer Tom Ford, Ora said: "He's now one of my close friends, and I adore and admire him so much. To get married in his dress was a dream come true."

"And because it wasn't planned, I didn't know if the right dress was even going to be in town, and I just took the risk and went to the Tom Ford shop, and they had it perfectly waiting with the veil, in my size, no alterations needed to be done."

She revealed that she wore her mother's pearls with her wedding dress, while Waititi wore a suit by Brunello Cucinelli.

Elena walked her sister down the aisle, while Waititi was joined by his two daughters for the ceremony.

The pop star said the day was "really simple and blissful and calm and private and fun."

Following their wedding, the newlyweds headed to their friend Guy Oseary's house for a celebratory dinner, and were surprised with an Elvis impersonator who offered music for proceedings.

The newlyweds shared snaps from their big day which shows them both posing in front of the iconic Hollywood sign as well as a beaming Ora under her veil. The couple were first linked in April 2021, with their relationship quickly turning serious as Ora moved into Waititi's stunning home in Australia.

RITA ORA, TAIKA WAITITI SHARE DETAILS OF THEIR INTIMATE WEDDING ON FIRST ANNIVERSARY



KSA mulls over possible ban on 'Barbie' due to censor board disagreements, LGBTQ themes

Greta Gerwig's 'Barbie' has been a point of contention in the Middle East and a lot of Islamic countries, with certain countries having banned it altogether such as Qatar and Kuwait.

Los Angeles | Agencies

Greta Gerwig's 'Barbie' has been a point of contention in the Middle East and a lot of Islamic countries, with certain countries having banned it altogether such as Qatar and Kuwait.

The movie was released in the UAE, and the Kingdom of Saudi Arabia was planning on releasing it on August 31 after making a few edits. But now the country is pondering over the possibility of a full ban.

The movie was a big point in the Middle East because despite it being a fun hearted family comedy movie, the films' LGBTQ+ themes alongside its consumerist attitude did not fare well in the Middle East, with Israel having released it.

Earlier, the Kingdom of Saudi Arabia had begun promoting its own local pictures such as

'Sattar' which overtook James Cameron's 'Avatar 2: The Way of Water' by a massive margin. While they had surprisingly declared that they will release 'Barbie', much to the surprise of many, now the country has hinted at a possible ban.

As reported by 'Variety', the reason for this stems from a multi-layered web covering both the country's politics and religious aspects as well as social and cultural apprehensions.

The censor board of the country remains divided on the issue as some suggest that the movie has little to no harm to do the country's norms and social fabric, and with some edits to the movie, such as Barbie deriding aspects of patriarchy and whatnot, the movie could be released.

But now there is a growing fear that the movie will promote too many Western values in the country and also result in people cashing in on Barbie dolls at a difficult economic time.

Plus there is the additional fear that this could potentially damage the social fabric of the country, promoting values incompatible with the country's values.

The movie was already aired in the UAE and was even given a massive appearance on the Burj Khalifa, and KSA also had little problem with the movie, but with the increasing criticism the movie has gotten from global audiences regarding its preachy attitude regarding patriarchy and promotion of LGBTQ+ themes has resulted in the country reconsidering its August 31 release date.

As such the movie has been postponed until KSA censor boards come to a full agreement, but as of such, the movie may well just end up facing a ban as many religious clerics have also opposed the film.

Some of the other countries where 'Barbie' was banned include Bahrain, Iran, Vietnam, Philippines and Russia among others.



TAYLOR SWIFT HALTS SHOW, RUNS ACROSS STAGE TO COMFORT KOBE BRYANT'S DAUGHTER

Los Angeles | Agencies

Singer-songwriter Taylor Swift has proven that she has a huge heart as she made a heartwarming gesture to Kobe Bryant's daughter Bianka. While performing on her Eras tour, the Blank Space singer ran over to Bianka in the crowd to give her a hug. During the show in Los Angeles, Taylor knelt down by the six-year-old, who had been lifted up onto the stage, and gave her her Red tour hat, before embracing her sweetly, reports Mirror.co.uk.

Kobe's wife, Vanessa and her daughter were among the Swifties in the audiences for the first of Taylor's six sold-out shows at the So-Fi Stadium.

In honour of her late husband, who died alongside their daughter Gianna in a horrific helicopter crash along with seven other people in 2020, Vanessa had decked out her daughter in a custom jean jacket with a tribute to the late Lakers legend printed on the back.

As per Mirror.co.uk, Taylor, who had been presented with a banner to honour her record for sold-out shows at the Staples Center by Kobe back in 2015, said a few words to Bianka before gifting her the hat.

Gianna, who sadly passed aged 13, was also a huge fan of Taylor and Vanessa and recently shared a video of her and her late daughter singing along to 'You Belong With Me' before she attended the show.

After Taylor's sweet gesture, the audience erupted with cheers and Vanessa shared the moment on Instagram, writing: "We love you @taylorswift."

It comes after the Bryants celebrated Gianna's birthday back in May, with Vanessa paying tribute to her loved ones in various posts in the three years since her late husband and daughter passed away.

Jamie Foxx deletes recent social media after it was called out for being 'anti-semitic'

Los Angeles | Agencies

Hollywood star Jamie Foxx raised a lot of eyebrows this time with his cryptic post about 'fake friends' on his Instagram story. It was unknown earlier who or what exactly the actor was referring to, but now the post has been bashed publicly as people have called it a very 'anti-Semitic' post, causing Foxx to delete it.

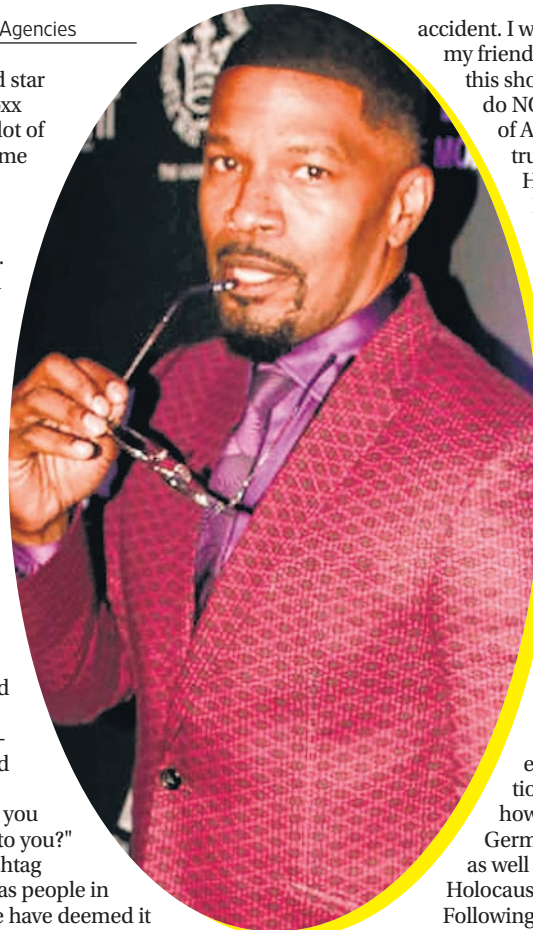
The 'Django Unchained' actor had posted the following story in bold letters: "They killed this dude name Jesus... what do you think they'll do to you?" running the hashtag #Fake Friends' as people in the Jewish circle have deemed it anti-Semitic.

Jennifer Aniston had earlier liked the post but the resulting public backlash has caused her to withdraw her like, and has now slammed Foxx. Talking to Instagram, the 'Friends' actress wrote: "This really makes me sick. I did not 'like' this post on purpose or by

accident. I want to make it clear to my friends and anyone hurt by this showing in their feed - I do NOT support any form of Anti-Semitism. And I truly don't tolerate HATE of any kind. Period."

Jews in the US, Europe and Israel have accused the actor of collectively putting the blame of killing Jesus Christ on all Jews, therefore accusing the entire community of deicide. Some others have mocked Foxx saying that he has gone all Kanye West on them, as West too has been called out for his anti-Semitic remarks made in 2022 when he expressed his admiration for Adolf Hitler and how he protected Germans in Nazi Germany, as well as denying the Holocaust.

Following this, West had received a lot of backlash with major brands owned by Jews slamming him and a massive loss in ticket sales for his concerts in North America. Jamie Foxx so far has not issued any reply whatsoever, though some are doubting whether the post even came from Foxx at all because of its extremely cryptic



ABSOLUTE PIC OF THE DAY



Monica Sims



WORLD ARCHERY CHAMPIONSHIPS: ADITI GOPICHAND SWAMI CLINCHES INDIVIDUAL COMPOUND GOLD MEDAL

India's Aditi Gopichand Swami clinched the gold medal in the women's individual compound event at the World Archery Championships 2023 after defeating Andrea Becerra of Mexico 149-147 in the final, here on Saturday.

Berlin (Germany), Aug 5 (IANS) India's Aditi Gopichand Swami clinched the gold medal in the women's individual compound event at the World Archery Championships 2023 after defeating Andrea Becerra of Mexico 149-147 in the final, here on Saturday.

With her gold, the 17-year-old Aditi, who was seeded sixth in the qualifying round, has become the youngest archer to top the podium in an individual category at the senior world championships.

Aditi, a U18 world champion and world record holder, defeated fellow Indian Jyothi Surekha Vennam, seeded second, 149-145 in the semifinals



to book her place in the final. Meanwhile, Jyothi Surekha Vennam beat Ipek Tomruk of Turkey 150-146 to win the bronze medal in

the women's individual compound event. Another Indian archer, Parneet Kaur, was knocked out in the quarter-

finals after losing to Jyothi. Earlier, Jyothi, Parneet Kaur and Aditi Gopichand Swami had teamed up to win the women's compound team event and clinched India's first-ever gold at the archery world championships.

In the compound men's and mixed team events, Indian archers failed to progress beyond the quarter-final stage.

None of the Indian recurve archers made the medal rounds, thereby failing to win any Olympic quota places for the Paris Olympics on offer in Berlin.

Only recurve archery competitions are held at the Olympics. India has so far won three medals -- two gold and one bronze -- in the World Archery Championships 2023, which is the first qualifier event for the Paris 2024 Olympic Games for the archers.

Australian Open: Prannoy stuns Priyanshu, to face China's Weng Hong Yang in final

World No. 9 Prannoy HS reached his second final in a BWF World Tour Super 500 event this year after he got past compatriot Priyanshu Rajawat 21-18, 21-12 in men's singles semifinal at the ongoing Australia Open 2023, here on Saturday.

Sydney, Aug 5 (IANS) World No. 9 Prannoy HS reached his second final in a BWF World Tour Super 500 event this year after he got past compatriot Priyanshu Rajawat 21-18, 21-12 in men's singles semifinal at the ongoing Australia Open 2023, here on Saturday.

Prannoy, who won the Malaysia Masters -- his maiden World Tour title in May, will be up against world no. 24, China's Weng Hong Yang for the Australia Open title on Sunday. In the all-Indian semi-final clash, Prannoy and Priyanshu went toe-to-toe in the early exchanges. As the match progressed, both the Indian badminton players battled to gain the upper hand.

With the scores tied at 18-all, Prannoy, seeded sixth won three consecutive points to take the lead in the match. The 31-year-old Prannoy carried the



momentum in the second game and raced to a 7-3 lead. However, the 21-year old won four consecutive points to level the scores at 7-all.

Prannoy, though, broke his game to go into the mid-game break with a 11-7 lead. On return, Prannoy dominated Priyanshu and won the match in 43 minutes to seal a berth in the final.

With this win now, Prannoy now leads Orleans Masters champion Priyanshu Rajawat 2-0 in the head-to-head record.

Aditi makes cut narrowly as Diksha misses at Women's Scottish Open



Chennai | Agencies

Irvine, Dundonald Links, Scotland, Aug 5 (IANS) Aditi Ashok survived the cut line narrowly while Diksha Dagar missed it by a big margin at the end of the second round of the FREED GROUP Women's Scottish Open Presented by Trust

Golf.

Aditi totaled 3-over 147 and was lying T-65th while Diksha Dagar with 9-over 153 missed the cut.

Aditi survived the cut despite two late bogeys on the front nine, which was her second nine as she started from the tenth. She began with dropped shots on the

12th and 14th, but birdies on the second and the fifth seemed to have saved her before bogeys on the seventh and eighth put her in trouble. At 3-over for 36 holes, she just scraped through to the weekend rounds. Diksha after her 7-over 79 needed a low under par round, but she carded 74 with one birdie and two bogeys and missed out.

Hinako Shibuno produced a round of 68 (-4) on the second day to hold a two-shot lead. The major championship started with a bogey on the first but soon turned her day around with a birdie on the second before adding another on the fifth. Three more birdies on the back nine saw Shibuno seal a round of 68 as she leads at the top with a total of 12-under-par after 36 holes. Maja Stark fired a 65 (-7) to climb into second place on 10-under-par, two shots behind the leader. France's Celine Boutier and Australia's Sarah Kemp are in a share of third place on seven-under-par after they both fired rounds of 68 (-3) on day two at Dundonald Links. Boutier, who won last week's Amundi Evian Championship, only dropped two shots and rolled in six birdies. The cut fell at +3 with 74 players making it through to the weekend.

WI v IND: India aim for better showing in the batting department for bouncing back against West Indies

Georgetown (Guyana) | Agencies

After losing the T20I series narrowly by four runs to the West Indies in Trinidad, India will be aiming to put up a better show in the batting department when they face West Indies in the second T20I at the Providence Stadium here on Sunday.

The pitch was slow and not easy to bat at the Brian Lara Cricket Academy in Trinidad, but young left-handed batter Tilak Varma shone brightly on debut. After scintillating performances in IPL 2022 and 2023 as well in domestic cricket took him to the national team, Varma slammed two beautiful sixes on facing his first three balls in international cricket.

With the likes of Shubman Gill, Ishan Kishan, Suryakumar Yadav, Hardik Pandya and Sanju Samson all struggling to get going in the opening T20I, Varma showed fearlessness of youth and looked at ease during his 22-ball 39, providing a good glimpse into a possibly glorious future.

In the first T20I, one can argue that India not having players who can hit boundaries in the lower order did hurt them in their inability to go over the line, especially with the tail starting from number eight, causing the balance of the playing eleven to go a bit off.

With less than 12 months to go for the 2024 Men's T20 World Cup to be held in the West Indies and the USA, the performances of various players in the Indian team during this series assume huge importance when being



selected for the mega event in the shortest format of the game.

The pitches in Guyana have been on the slower side, which means the importance of spinners and pacers with a repertoire of slower deliveries go up, though scattered thunderstorms have been predicted to cause an interruption in Sunday's clash.

West Indies, who managed to win mainly due to Jason Holder's superb spell of 2-19 and Romario Shepherd defending 10 runs in the final over, could look to add another spinner to support Akeal Hosein.

With the bat, they would expect a better show from others to give ample support to Nicholas Pooran and captain Rovman Powell, the top two run-

scorers for them in the first T20I to add another win to the current 1-0 series scoreline.

Squads:

India: Ishan Kishan (wicketkeeper), Shubman Gill, Yashasvi Jaiswal, Tilak Varma, Suryakumar Yadav (vice-captain), Sanju Samson (wicketkeeper), Hardik Pandya (captain), Axar Patel, Yuzvendra Chahal, Kuldeep Yadav, Ravi Bishnoi, Arshdeep Singh, Umran Malik, Avesh Khan, Mukesh Kumar
West Indies: Rovman Powell (captain), Kyle Mayers (vice-captain), Johnson Charles, Roston Chase, Shimron Hetmyer, Jason Holder, Shai Hope, Akeal Hosein, Alzarri Joseph, Brandon King, Obed McCoy, Nicholas Pooran (wicketkeeper), Romario Shepherd, Odean Smith, Oshane Thomas

132nd Durand Cup: Mumbai City FC open campaign with hard-fought win over Mohammedan Sporting



Kolkata | Agencies

The reigning Indian Super League (ISL) League winner Mumbai City FC (MCFC) had a good workout in their 3-1 victory over local favourites Mohammedan Sporting, here at the Kishore Bharati Krirangan here on Saturday.

Playing their first match of the 132nd Durand Cup, the Islanders were three up in the first 35 minutes of the

game, but the Black and White brigade made a game of it after their confidence was boosted by a David Lalhansanga strike.

Rostyn Griffiths, Jorge Peryra Diaz and Lalianzuala Chhange scored for the winners. This was the first match of Group B which also has Jamshedpur FC and the Indian Navy as part of it.

The Islanders got on the board as early as the 12th minute when Australian defender Griffiths rose high

at the back post off a corner by talisman Greg Stewart, to head home. The ball hit the underside of the bar before going in. The second goal came just over 10 minutes later from another foreigner, this time their Argentine forward Jorge Peryra Diaz, who tapped in a rebound off keeper Jongte, after Spaniard Alberto Ripoll had shot at goal.

Ripoll then helped put the issue to rest about 10 more minutes later, when he

found Bipin Singh's surging run on the left flank. Bipin's measured cross across the face of the goal found Chhange at the end of it, who made no mistake. The Black and White brigade then brought the spectators to life with a goal of their own when off a corner taken short, Samad Mallick's cross saw David rise brilliantly to head in. The lemon break gave the local fans a lot of hope.

In the 55th minute, Alexis Gomez missed a sitter and a golden opportunity to reduce the deficit, when off a Remsanga cut back inside the Mumbai box, he found himself in the clear, but his right footer was way off target. That was Remsanga's last contribution as Ganesh Besra replaced him soon after.

At the hour mark MCFC manager Des Buckingham brought in two changes. Dutchman Yoell Van Nieff and Vikram Pratap Singh replaced Peryra Diaz and Chhange, as Mohammedan were beginning to get more positive in the game.

Bipin Singh then had a shot hit the bar in the 65th as MCFC pressed hard to put the game beyond the local side. Mohammedan were also getting their chances and in the 79th, substitutes Besra and Tanmay Ghosh combined with the latter's flying header just off the target.

That was perhaps the last real chance secured by either side as Mumbai City did well to pick up full points.

Asian Champions Trophy: 'We know what we need to do,' says captain Harmanpreet Singh ahead of Malaysia clash



Chennai | Agencies

After coming back from a goal down to hold reigning Asian Games champion Japan to a hard-fought draw, the Indian men's hockey team faces another tough opponent in Malaysia in a key match in the six-team league in the Asian Champions Trophy here on Sunday.

As the event enters the third round of thrilling group-stage matches, all eyes will be on the clash between the formidable Indian men's team, which needs to win this match to maintain its chances of advancing to the next stage. The hosts had made an impressive start by winning their opening game against China 7-2 but failed to make the most of their chances against Japan and had to settle for a hard-fought 1-1 draw against Japan in their second encounter played on Friday.

Japan, despite creating numerous scoring opportunities, the Indian team faced a resilient Japanese defense and had to settle for a draw.

The India team, currently placed second on the points table, will undoubtedly analyse their performance to identify areas of improvement and come back even stronger in the upcoming match against current table toppers Malaysia.

Speaking ahead of their next match, the Indian men's hockey team captain Harmanpreet Singh said, "We know what we need to do in our next game against Malaysia. Our focus is on capitalising on the areas that led to our successful goals in the opening game against China. Additionally, we're eager to try something new in our upcoming match."

India's head coach, Craig Fulton said the team will take lessons from the game against Japan and make necessary improvements in their upcoming games. "We wanted to win against Japan and had enough chances. It's not a nice feeling, but we have got to get better and be ready for the next game," Fulton said during the post-match press conference

on Friday.

"It's every coach's concern if you are not converting your chances, whether corners or field goals. So, you always try to work out 'why?' and try to find a solution for that and combinations of players together." "However, the fact that we are winning a lot of corners is good. We also had a few shots. So, it's not that we are not playing in our system. We are playing the way we want to play, and even against Japan, we had two-three really good counters. We are one phase away from finishing the way we want to," he was quoted as saying in a release on Saturday. Malaysia are currently on top of the points table with two wins in as many games. They defeated Pakistan 3-1 in their opening game, while in the second match, they came from behind to beat China 5-1.

Moreover, in the previous editions of the tournament, Malaysia have proven to be a tough nut to crack, and India are well aware of the challenges that await them on the field, hence the hosts will aim to be fully prepared for the clash on Sunday.



SALMAN HOPS ONTO 'BARBIECORE' BANDWAGON IN HOT PINK PANTS

Team Absolute | Mumbai

Bollywood superstar Salman Khan, who has most recently seen in 'Kisi Ka Bhai Kisi Ki Jaan', recently left his fans and the Internet amazed when he slipped into a pair of hot pink pants.

The superstar attended the birthday bash of his brother Arbaaz Khan recently and chose hot pink coloured pants for the occasion.

As the photos & videos from the occasion went viral, it left the Internet bemused about Salman's sartorial choice as the actor, who is known for his hyper-masculine

line roles on screen, chose a colour which is considered feminine as per societal norms.

The Internet had a field day as netizens joined the dots and put together Salman in the 'Barbiecore' trend which emanated from the Margot Robbie and Ryan Gosling-starrer 'Barbie'. The Hollywood extravaganza is currently clashing its swords against the Christopher Nolan directorial 'Oppenheimer' in theatres.

Netizens were quick to react to the viral pictures and images of Salman from Arbaaz's birthday. They shared hilarious comments like, "Glad to see

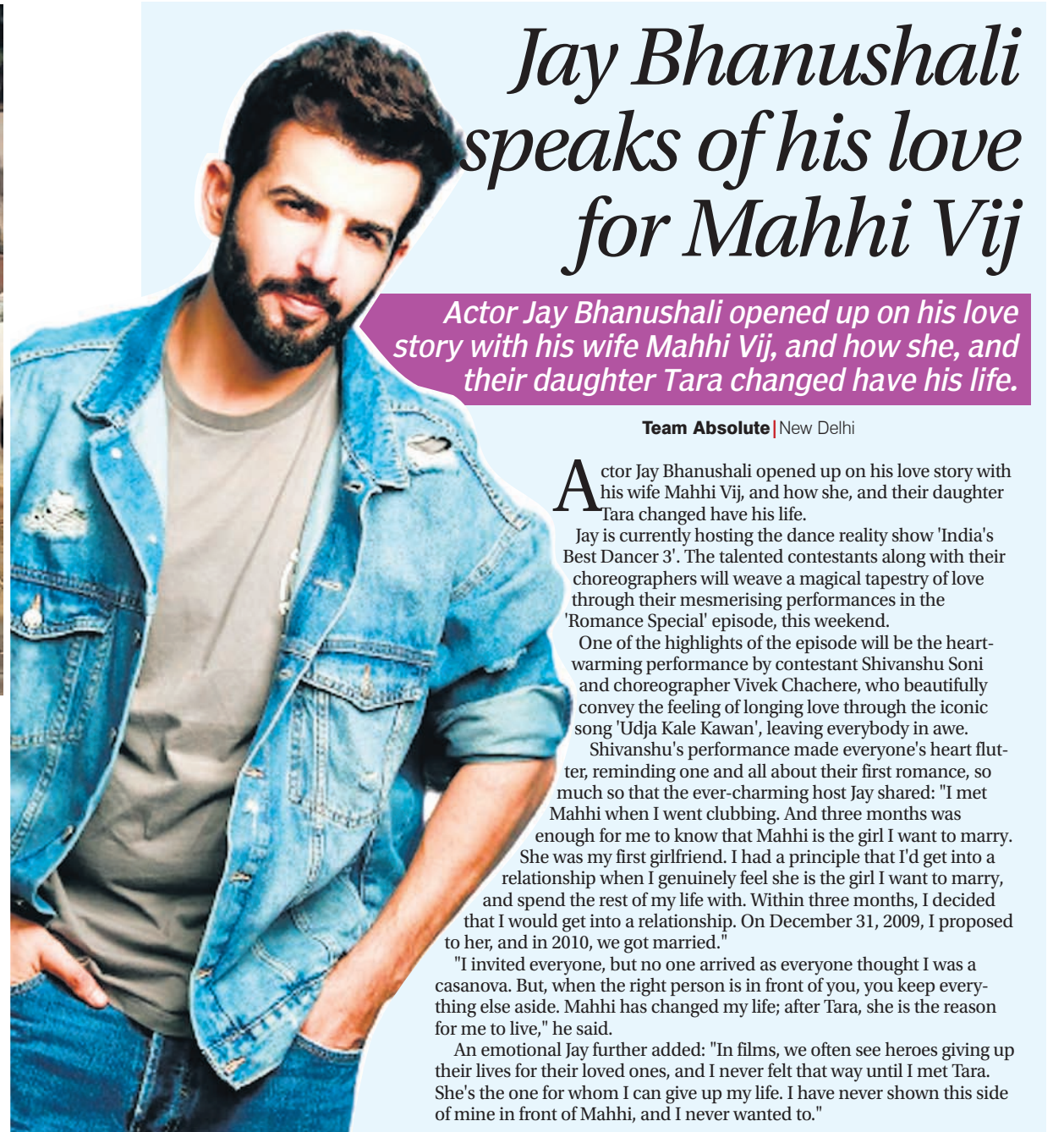
Salman bhai gracing the Barbie trend".

One user wrote, "Bhai-bhi". Another wrote, "Bhaibhenheimer".

A third wrote, "Salman bhai couldn't resist giving into the Barbie trend".

Salman and Arbaaz have collaborated on several films together. Arbaaz even directed Salman in 'Dabangg 2' with Sonakshi Sinha. He also produced 'Dabangg' and 'Dabangg 3'.

Meanwhile, after 'Kisi Ka Bhai Kisi Ki Jaan', which received a rather lukewarm response as per Salman Khan standards, on the work front, Salman will next be seen in 'Tiger 3' which has booked a Diwali release this year.



Jay Bhanushali speaks of his love for Mahhi Vij

Actor Jay Bhanushali opened up on his love story with his wife Mahhi Vij, and how she, and their daughter Tara changed have his life.

Team Absolute | New Delhi

Actor Jay Bhanushali opened up on his love story with his wife Mahhi Vij, and how she, and their daughter Tara changed have his life.

Jay is currently hosting the dance reality show 'India's Best Dancer 3'. The talented contestants along with their choreographers will weave a magical tapestry of love through their mesmerising performances in the 'Romance Special' episode, this weekend.

One of the highlights of the episode will be the heartwarming performance by contestant Shivanshu Soni and choreographer Vivek Chachere, who beautifully convey the feeling of longing love through the iconic song 'Udja Kale Kawan', leaving everybody in awe.

Shivanshu's performance made everyone's heart flutter, reminding one and all about their first romance, so much so that the ever-charming host Jay shared: "I met Mahhi when I went clubbing. And three months was enough for me to know that Mahhi is the girl I want to marry. She was my first girlfriend. I had a principle that I'd get into a relationship when I genuinely feel she is the girl I want to marry, and spend the rest of my life with. Within three months, I decided that I would get into a relationship. On December 31, 2009, I proposed to her, and in 2010, we got married."

"I invited everyone, but no one arrived as everyone thought I was a casanova. But, when the right person is in front of you, you keep everything else aside. Mahhi has changed my life; after Tara, she is the reason for me to live," he said.

An emotional Jay further added: "In films, we often see heroes giving up their lives for their loved ones, and I never felt that way until I met Tara. She's the one for whom I can give up my life. I have never shown this side of mine in front of Mahhi, and I never wanted to."

Samantha clarifies she didn't take Rs 25 cr from Telugu superstar for Myositis treatment

Team Absolute | Mumbai

Actress Samantha Ruth Prabhu, who has been on a break and has been treating her fans with beautiful pictures from her holiday, has refuted the claims of her taking Rs 25 crore from a Telugu superstar for her treatment of Myositis. The actress also called out the media for false reportage.

Actress Samantha Ruth Prabhu, who has been on a break and has been treating her fans with beautiful pictures from her holiday, has refuted the claims of

her taking Rs 25 crore from a Telugu superstar for her treatment of Myositis. The actress also called out the media for false reportage.

Myositis is a medical condition causing inflammation in muscles. Weakness, swelling, and pain are the most common Myositis symptoms. In October last year, the actress shared on her social media that she was diagnosed with Myositis a few back and that the fight against the disease is taking longer than she expected.

On Saturday, the actress took to the

Stories section of her Instagram and penned a note in which she outrightly denied taking any kind of financial help.

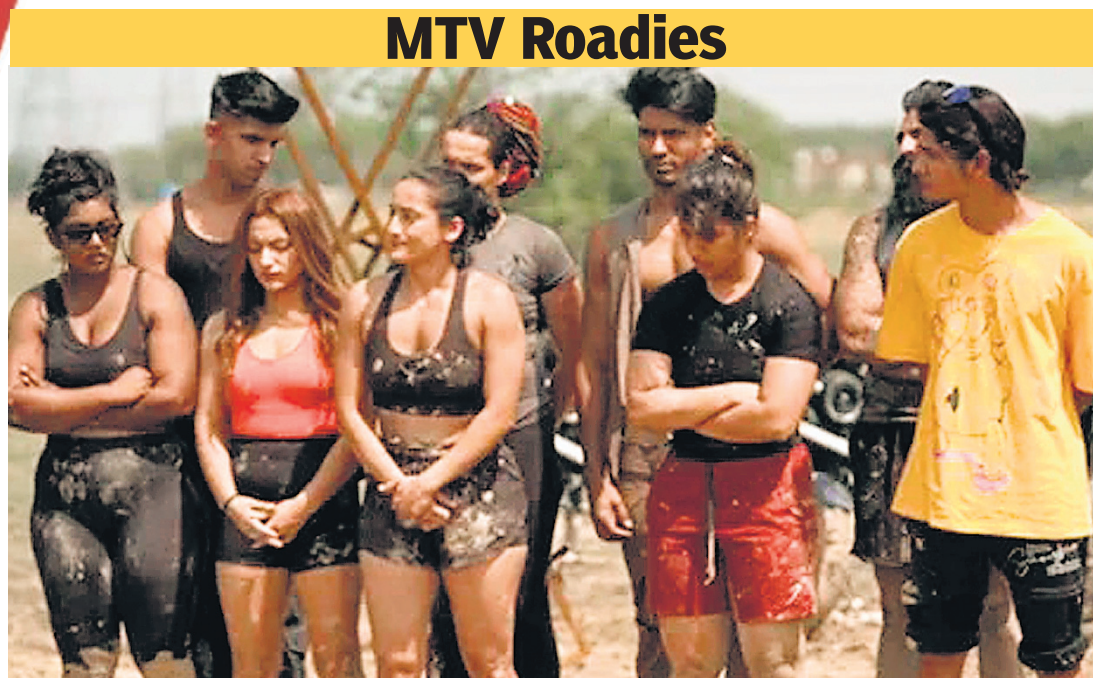
She wrote, "Rs 25 crores to treat Myositis!?! Someone got you a pretty bad deal. I am glad I am only spending the smallest fraction of that. And, I don't think I was paid in marbles for all the work I've done in my career".

She further mentioned that she is capable of taking care of herself and her medical expenses given her work in the industry during all these years.

"So, I can easily take care of myself.

Thank you. Myositis is a condition thousands suffer from. Let's please be responsible with the information we put out regarding the treatment," she added.

After wrapping up the Indian counterpart of the web series 'Citadel', as well as her Telugu film 'Kushi', Samantha is taking a break from acting for at least one year. During this period, she would primarily focus on her health, and undergo treatment for the autoimmune condition Myositis in the US.



MTV Roadies

New mysterious contestants to be seen in upcoming episode

Team Absolute | Mumbai

As the Kurukshetra fight in the reality youth adventure show 'MTV Roadies - Karm ya Kaand' reaches its culmination, the contestants are gearing up for the next destination - the majestic mountains of Chail. In the upcoming episode, viewers will witness a thrilling road trip unfolding, taking Roadies from the serene fields of Patiala to the mountains as new mysterious contestants make their way to the show. As the Kurukshetra fight in the reality youth adventure show 'MTV Roadies - Karm ya Kaand' reaches its culmination, the contestants are gearing up for the next destination - the majestic mountains of Chail. In the upcoming episode,

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As the journey progresses, the Roadies' camp will welcome four newcomers from Roadies Battleground, sparking curiosity and uncertainty among the group. Sonu will ask the Gang Leaders, "Leaders, koi naye chehere dikh rahe haain aapko?" to which Rhea will be saying, "Do toh puraane bhi dikh rahe hain jo auditions me aaye the". The unexpected arrival of the new contestants will leave everyone burning with questions. The host, Sonu Sood will be seen explaining the 'Tod Faad Entry' task, where three teams of five Roadies each, including a new mem-

ber, will face a multi-stage challenge that will happen simultaneously. The task will involve scaling a wall where the contestants will retrieve a ladder using a rope, descending to the next phase where pouches with numbers await. After unlocking a box they will discover silver balls. Two team members will then climb up the wall, aiming to break coloured tiles using the silver balls to complete the task.

Prince seems unimpressed with his gang members with their overall performance and will be seen expressing his disappointment. He will give an earful to his gang members saying, "Main agar itne saare show jeeta hoon woh luck se nahi jeeta. Mehnat lagti hai. Hard work lagta hai. Jisko jeetne ki chahh hoti hai na, wohi jeet ta hai."



Mukti Mohan

Allu Arjun to start marathon shooting schedule for 'Pushpa: The Rule' from Sunday

Team Absolute | Mumbai

Telugu superstar Allu Arjun, who has kept fans of his blockbuster film 'Pushpa: The Rise' brimming with anticipation with regards to the sequel, is about to kick start another marathon shooting schedule of his much-awaited film 'Pushpa: The Rule' on Sunday.

The actor will shoot at the popular Ramoji Rao studio in Hyderabad. Ever since the makers have launched the poster and teaser of 'Pushpa: The Rule', it has picked huge curiosity and anticipation amongst the audience across the globe.

A source informed that after completing major shooting schedules at different locations across the country, the makers of 'Pushpa: The Rule' will be starting their new schedule from Sunday. All the pre-production work for the new schedule has been done



and the actors including Allu Arjun and others are all geared up for the shoot. The source said: "Interestingly, it's learnt that the cast is going to shoot some important scenes at Ramoji Rao film city in Hyderabad with huge sets being erected at the place. Since it's a sequel, the makers are leaving no stone unturned to make the movie a visual spectacle for the audience."